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The Brigantine TIMES

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COMPLIMENTARY | VOL. 57, NO. 46 | November 20, 2026

Elks Offer Drug Awareness Grants to Brigantine Kids

By Tom Morgan

The Brigantine Elks Drug Awareness Committee is hosting a Youth Grant Program for Brigantine families that may be in need of financial assistance keeping kids active and away from drugs. An individual grant is for up to $250 per child and $500 per family. The grants are for Brigantine kids in third through eighth grade. Brigantine Elks Drug Awareness Representative Michelle Garraty stated, "It's been proven that when a child is involved in an engaging activity such as sports, music, or the arts, it puts them on a positive path toward a drug-free lifestyle. However, the rising cost of youth sports and other activities should not be a barrier to allowing any kid to discover that activity. That's why the Brigantine Elks decided to offer these grants, so that families can get assistance in providing healthy activities for their kids."

The grants can be used for various activities, including sports, theater, musical instrument rentals, uniforms and art classes, to name a few. Winter program activity sign-ups are here, and spring sports and

(Continued on Page 4)

Brigantine Soccer Wraps 2026 Season

By Susan Shotland

The Brigantine Youth Recreation Soccer Program closed out another successful season on Saturday, Nov. 14, with five Brigantine teams competing in the end-of-season tournament at Chelsea Heights Field in Atlantic City. Despite the cold temperatures, Brigantine players took the field ready to compete and finished the season with some great performances.

The U8 division featured two Brigantine teams: Brigantine Blue and Brigantine White. The Brigantine White team, coached by Amanda Henry, Kelly Hoey, Greg Bernardo and Sue Shotland, put together a series of solid performances against Atlantic City, Absecon and Pleasantville. The Brigantine Blue team, coached by Meredith Donley and Will Sanchez, turned in a strong tournament of its own, bringing home the fourth-place trophy after narrowly missing out on third place.

The U10 division also featured two Brigantine teams. Brigantine Girls, coached

(Continued on Page 8)



The Brigantine Blue U8 team celebrates with their trophy after a successful tournament appearance on November 14, 2026 in Atlantic City. (Photo by Susan Shotland)

Football Pool

WEEK 10

Well, Brigantine, Week 10 brought another perfect scorecard! Rob Hannan picked all 12 Sunday winners to take first place and a gift card to Primal Surf. Congratulations, Rob!

Our 96 eligible entries averaged 3.1 missed picks. Minnesota's win over Green Bay was the biggest stumbling block, catching 71 players. Carolina's victory over New Orleans tripped up 60, and Cleveland's win over Houston fooled 52. Getting those games right made quite a difference!

Five players finished just behind Rob with 11 correct picks apiece. Irene Rankin, Mike Connolly, Linda Mowbray, Erin Silipena and Gina Imperiale Stewart sent the runner-up decision to the Monday night points tiebreaker.

The Chargers beat the Ravens 23-20 for a combined 43 points. Irene's guess of 45 was just two away, earning her a free Stock's pound cake from Riptide Bait & Tackle. Her only missed pick was Green Bay. Great guessing, Irene!

Thanks to everyone who played and to our local sponsors. For Week 12, email a clear photo of your entire completed form, including your points guess, to TimesFootballPool@gmail.com by Thursday, Nov. 26, at midnight. Good luck, Brigantine!



Pamela Carchidi sells her watercolor paintings at the Holiday Craft Market last Saturday. (Photo by Vincent DiDomenico).





Happy Thanksgiving!

Sharon DeGiacomo, SRS
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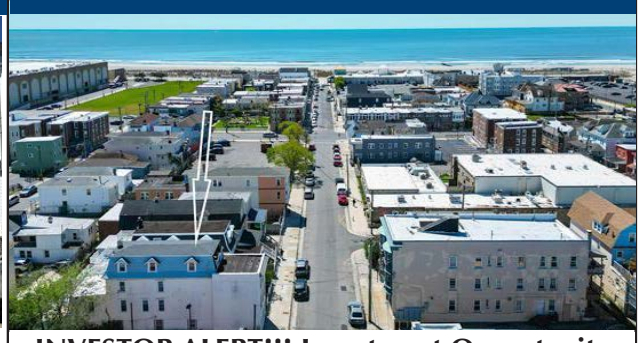
Single Family 3-bedroom, 2-bath home only 3 blocks from the beach.

1 BLOCK TO THE BEACH!!
211 7TH STREET SOUTH



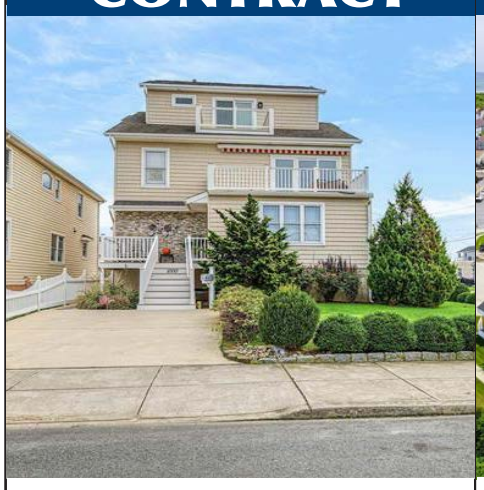
Southside first-floor, three-bedroom, two-bath condo located just one block from the beach on 7th Street. Great rental history, coming fullyf urnished, nice backyard, outside shower, storage and plenty of parking. Walking and biking distance to restaurants and shops, the yacht club, Elk's Lodge, and the 18-hole public Links golf course and clubhouse.

INVESTOR ALERT!
7 & 9 SOUTH TEXAS AVE.



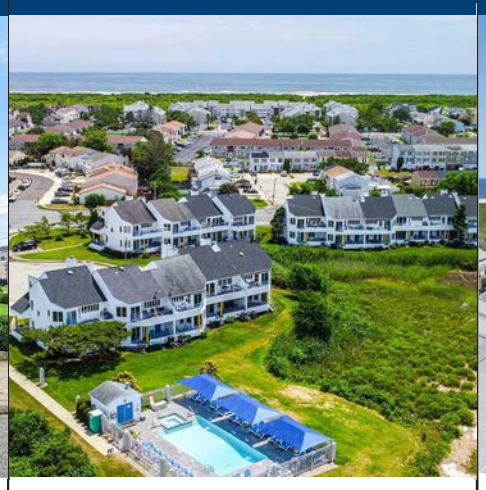
INVESTOR ALERT!!! Investment Opportunity Atlantic City Rooming House only 2 short blocks to the beach! Walking distance to beach, board-walk, shops, casinos and public transportation. 11 rental rooms, 3.5 bathrooms, 3 kitchens, and 1 shared washer. Seller has rented thisproperty every year from June to October. All city rental permits are up to date for 2026.

UNDER CONTRACT



1000 E. BEACH AVE.

SOLD!



545 LAGOON BLVD.

SOLD!



58 COQUILLE BEACH DRIVE

SOLD!



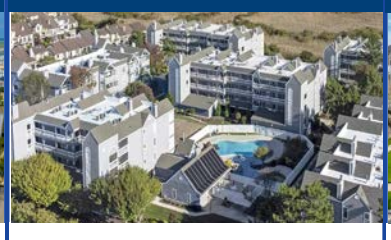
329 SEASHELL LANE

SOLD!



4800 HARBOR BEACH BLVD. #4201

SOLD!



4800 HARBOR BEACH BLVD. #1303

SOLD!



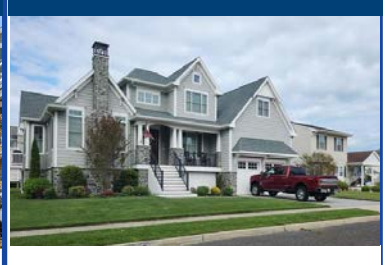
2100 WEST BRIGANTINE AVE.

SOLD!



218 S ROOSEVELT BLVD

SOLD!



207 23RD ST. S

WINTER RENTAL



Winter rental opportunity available from September 20th to May 15th. This stunning, newly remodeled home features: 2 bedrooms and 2bathrooms, a dedicated office space, tasteful furnishings and newer appliances. Spacious fenced in yard, large back deck, BBQ grill, and ample parking. $1,600/month

WINTER RENTAL



Welcome to Kings Cove! This WINTER RENTAL is available starting on September 1st to May 15th. Spacious 2 story townhouse with a garage,newly updated and nicely furnished, 3 bedrooms, 2.5 bath-rooms, 2 decks, move in ready. All utilities are included, electric, gas and cable. Petfriendly! $2,900/month

SUMMER RENTAL



This home is truly perfection featuring a Gourmet Kitchen, open floor plan, 4 wet bars, 5 decks, elevator from the garage to 3rd floor, 5 bedrooms each with a full bathroom.

SUMMER RENTAL



A comfortable 5500 sq ft Luxury Coastal Rental featuring an inground- swimming pool, covered patio, dock, gas grill, outside shower, beach chairs and 8 beach badges.

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ELITE

Give thanks for all the things you have on this Thanksgiving Weekend, for when you give thanks for what you have, more good things come your way...
from our Homes to yours, Happy Thanksgiving



Elks Offer Drug Awareness Grants to Brigantine Kids

(Continued from Page 1)

arts classes registrations are just around the corner. The Elks Drug Awareness grants are designed to help with the fees associated with any programs that are youth-oriented — $250 per child, $500 per family. Garraty added, "We encourage interested families to review the eligibility criteria on the application located at brigantineelks.com/drug-awareness. There are 10 grants available, so families should apply ASAP. All monies for qualified youth programs and classes will go directly to the providing entity."

To respect the privacy of the applicants and ensure no families feel singled out, all grants are awarded on a strictly confidential basis, and no public announcements will be made.



The U8 Brigantine White team poses for a photo on November 14, 2026 at the end of the season tournament in Chelsea Heights. (Photo by Susan Shotland)



The U10 Soccer Team was all smiles after a fantastic performance in the Future Stars Tournament in Chelsea Heights on November 14, 2026. (Photo by Susan Shotland)

Alan Weidner

Broker Salesperson

Bay to the Beach ... All Within Reach

CONDO NEAR BEACH



Beach Block 2BR/2BA Condo – Excellent Condition! Beautiful second-floor, two-bedroom, two-bath unit in excellent condition and just steps from the beach.

OFFERED AT $625,000 -
4200 W Brigantine Ave #B

WATERFRONT 6 BEDROOM



Experience the ultimate waterfront lifestyle in this spacious six-bedroom, four-full-bath home located on the Beautiful Bay in Brigantine! Featuring 43 feet of bulkhead, this property offers plenty of room for family, friends, and entertaining. Enjoy outdoor living on the spacious rear deck with plenty of seating and an outside bar, overlooking the dock and fenced-in backyard. Additional features include an outside shower, two-car garage, and an abundance of living space throughout.

OFFERED AT $2,899,000 - 3 Beach Cove

UNDER CONTRACT



This renovated condo features features hardwood floors, two nice size bedrooms, in unit washer and dryer, outside enclosed shower, storage, a sunny spacious living area and private deck.

OFFERED AT $475,000 -
159 Sheridan Square 2

UNDER CONTRACT



Here is a 4 bedroom, 3 ½ bath home that is 1 block to the Beautiful Brigantine Beaches, 1 block to the Bay, and a short walk to Restaurants, Ice Cream, a Gym, Shopping and more.

OFFERED AT $1,295,000 -
231 S 10th St

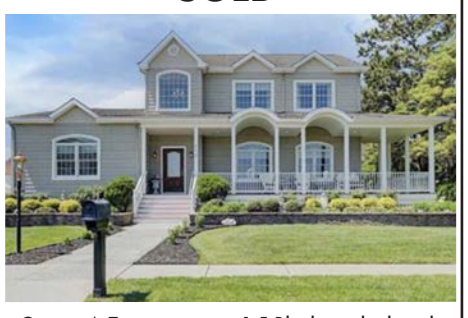
SOLD



Built New in 2020. This 4 bedroom, 3 ½ bath home has many custom features and touches. First floor featuring two master suites and two additional bedrooms and a third full bath.

OFFERED AT $1,649,000 -
248 S 36th Street

SOLD



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SOLD FOR $1,500,000
212 17th St

SOLD



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CER Winter Break Programs for Kids

There are several programs for kids being offered during winter break that require registration. You can also purchase a gift certificate for any of the programs. Holiday Ornament Painting for kids will take place Thursday, Dec. 24, from 9:30 to 11:30 a.m. at the Brigantine CER. Children should wear clothing that you don't mind getting paint on. The fee is $10 per child, and you can register at Brigantine.RecDesk.com.

Tote Bags & Keychains for kids ages 7-14 will meet Tuesday, Dec. 29, from 9:30 to 11:30 a.m. The fee is $10 per child. You can register at Brigantine.RecDesk.com. Each child will get one large tote and one small tote to decorate.

Open Gym Basketball: Dec. 24 from 9 to 11 a.m.; Dec. 28 from 9 to 11 a.m. and 4:30 to 6:30 p.m.; Dec. 29 from 9 to 11 a.m. and 3 to 6:30 p.m.; Dec. 30 from 9 to 11 a.m. and 4:30 to 6:30 p.m.; Dec. 31 from 9 to 11 a.m. and 3 to 6:30 p.m.; and Jan. 2 from 8:30 a.m. to 1 p.m. No registration required; must sign in at the front desk.

Toddler Time, open gym play time with fun toys for kids under 5 years of age, will take place Mondays, Wednesdays and Fridays from 11 to 11:45 a.m. No registration required.

Basketball Training for children ages 3-6 will be held Saturday mornings in January and February. The fee is $50 per child.

There is also a Weekly Puzzle Exchange that will take place Thursdays at noon in the CER Dining Room. Register at Brigantine.RecDesk.com.

The 2027 CER Winter Programs Brochure will be released Monday, Nov. 23. This will give you plenty of time to look over the brochure and decide if you want to sign up for a class or program or purchase a gift certificate for someone in time for Christmas. The CER Winter Brochure will offer over 50 classes, including art, language, crafts, games and cards, dancing, fitness, yoga and Zumba classes. Registration begins Monday, Dec. 14, at 8 a.m. on RecDesk, and the new session begins Monday, Jan. 4. Call the Brigantine CER, located at 265 42nd St., at 609-264-7350 for information on programs being offered and gift certificate information.



The Brigantine U12 Rec Soccer team turned in a strong performance at the end-of-season tournament in Atlantic City on November 14, 2026, bringing home a third-place trophy. (Photo by Susan Shotland)



Local Fan Co. attended the Holiday Craft Market as a vendor last weekend, bringing lots of Brigantine-inspired apparel. (Photo by Vincent DiDomenico).





From Under The Hat

Sponsored by the LePera Team



If Santa has a list and he's checking it twice, I thought it might be the time of year for a buyer and seller checklist.

What Sellers Do to Sell Their House Faster

1. They price their home correctly from day one.
2. They declutter before listing.
3. They let in as much natural light as possible.
4. They keep the kitchen and bathroom counters almost empty.
5. They fix the small things before buyers notice them.
6. They make sure all the beds are made.
7. They have the Realtor use professional photography.
8. They leave the house during a showing.
9. They keep a fresh, neutral scent.
10. They stay flexible with appointments.
11. They trust the market and not their emotions.
12. Most importantly, they listen to their Realtor's advice.

Questions for Buyers to Ask the Seller or Agent

1. How old is the roof?
2. Have there been any water leaks or intrusions?
3. If there were renovations, were they completed with permits?
4. What is the approximate age of the HVAC?
5. Were there any insurance claims?
6. What exactly is included in the sale?
7. If relevant, what are the monthly fees, and are there any special assessments?
8. What is the seller's timeframe?

Things Buyers Do Before an Offer Is Made

1. They get fully pre-approved before they start the process.
2. They know their monthly payment, including taxes, insurance, etc.
3. They look at homes online but need to see them in person.
4. They ask for homes that recently sold, not just the active listings.
5. They watch for price reductions and time on the market.
6. They don't get emotionally attached before they negotiate.

So, if you're thinking of buying or selling, start checking on the list! We, the LePera Team, can help you along the way to get you on the 'nice' list.



Karen Santoroski, board member of the Chamber of Commerce and owner of Findings by Karen, sells her hand-crafted, one-of-a-kind jewelry at the Holiday Craft Market that took place at the VFW on Saturday, November 14th. (Photo by Vincent DiDomenico).

Happy

Thanksgiving, Brigantine!

We're thankful

you for you!

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Sausage Stuffing

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Mac & Cheese

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Brigantine Soccer Wraps Up 2026 Season

(Continued from Page 1)

by Liesje Cooker, made program history as the first all-girls team in Brigantine Rec Soccer. Brigantine Boys also had a successful tournament, bringing home some hardware after winning their way through the consolation bracket.

Rounding out Brigantine's five teams was the U12 squad, coached by Mark Dunn and Mary Corsale. Many of the players on this team have been part of the program since its revival four years ago, making their accomplishments an especially rewarding way to close out the season. The U12 team put together an impressive tournament, losing only to Atlantic City and Pleasantville and earning a third-place trophy.

It was a fantastic season, from the youngest players just learning the fundamentals of the game to the older players who put together an outstanding year of competition. Along the way, players improved their skills, built friendships and, most importantly, had fun.

Congratulations to all the players and coaches on a great 2026 season! That's a wrap on Brigantine soccer!



The Brigantine VFW was getting in the Holiday Spirit this past weekend with their annual Holiday Craft Market. Here, Debbie Costello of Debbie's Fashion Jewelry & Accessories is selling her bags and purses. (Photo by Vincent DiDomenico).

Letter to the Editor

I recently had a knee replacement and was unable to drive. I have amazing friends, and they take me to doctor's appointments, church and the Acme. But asking them to take me to physical therapy three times a week was too much to ask. And so, I used the Brigantine Senior Shuttle.

It is a gem on our island. This service is super — the drivers are friendly, on time, and they will take you anywhere on the island with 24 hours' notice.

I wanted to thank the volunteers who run the shuttle and remind everyone that this is available at no cost to seniors. Call the CER at 609-264-7350.

Joan

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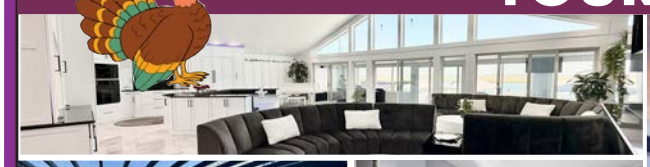


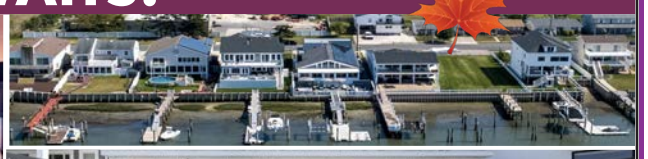
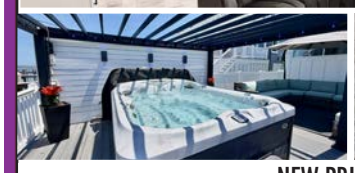
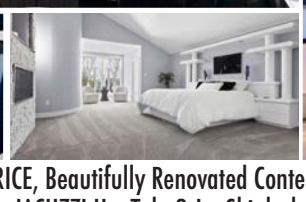
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YOUR BAYFRONT OASIS AWAITS!

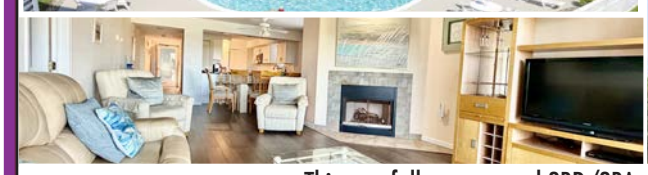



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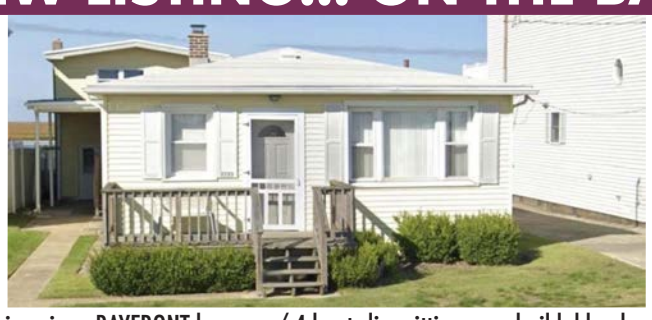
WELCOME TO THE CLOISTERS!



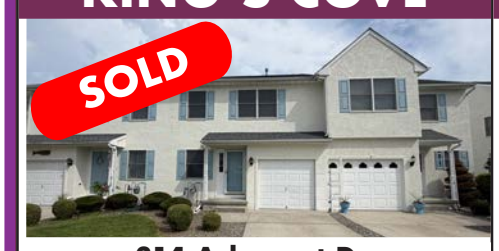

This tastefully - renovated 2BD/2BA condo is OCEANFRONT! Spa Bath, Fireplace, covered parking, clubhouse, elevator, open-Concept, light-filled. Offered fully-furnished/turn-key! Call today and start living the COASTAL life you deserve! **$819,900**

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Experience waterfront living in this unique BAYFRONT home w/ 4 boat slips sitting on a buildable, deep lot on beautiful Bonita Tideway. Enjoy breathtaking SUNSETS and tranquil open water views! Offered at **$1,599,000**

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314 Arbegast Dr.

SMITHVILLE!



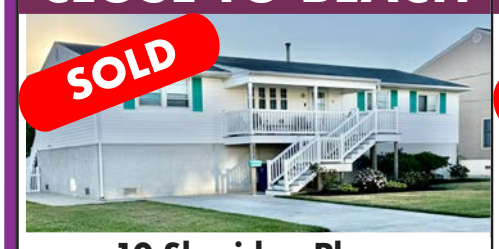
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CLOISTERS



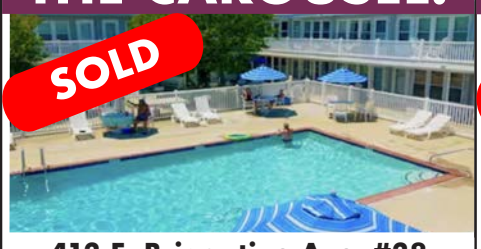
4800 Harbor Beach Blvd. #4201

CLOSE TO BEACH



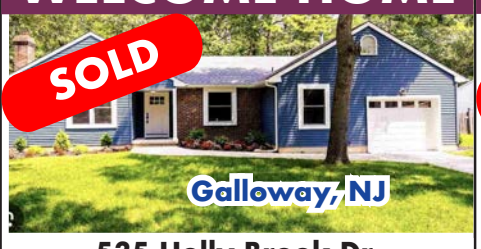
10 Sheridan Place

THE CAROUSEL!



413 E. Brigantine Ave. #38

WELCOME HOME



535 Holly Brook Dr.

BEACH HOUSE



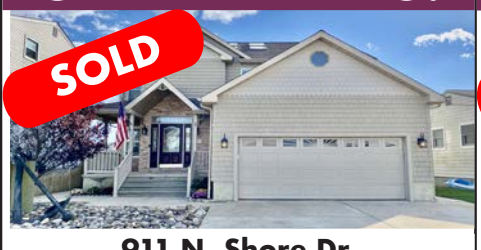
1103 E. Evans Blvd.

COASTAL CHIC!



116 Bayshore Ave.

ON THE LINKS!



911 N. Shore Dr.

BAY VIEWS!



1306 Bayshore Ave.

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The Elks kitchen crew prepared 236 dinners for local Veterans on November 10, 2026.



Judy Standifer sells her holiday plants and gets in the festive spirit at the Holiday Craft Market that was held at the VFW last Saturday. (Photo by Vincent DiDomenico).

VFW News

By Wayne Heaton

Your VFW becomes a hive of activity through the holidays. It starts with our blood drive Monday, Nov. 23. Appointments are still available. As we celebrate Thanksgiving, we begin Polar Plunge Bear Wear sales in the banquet hall. The Polar Bear team has some fantastic swag for you this year! And we will begin Christmas tree sales at the Post beginning Sunday, Nov. 29. We'll have beautiful Douglas fir and Fraser fir varieties for you. You can get a tree and do your Christmas shopping all in one stop!

Our weekly lineup includes:

This Friday (Nov. 20), we welcome Jay Gentile for our entertainment. Plan on dinner and fantastic entertainment!

Monday is Bingo! Join us for some great fun! The kitchen is not open.

Tuesday is Trivia! Is your brain full of useless information? If so, we are looking for you! The kitchen is open Tuesday with a great menu.

Wednesday is Karaoke! Great music and song. Come join the fun!

Our next Red Cross Blood Drive is scheduled Monday, Nov. 23. Schedule your appointment at redcross.org.

Members and guests can always catch Saturday college football action and the Sunday NFL action in the Canteen.

The kitchen is open Tuesday through Sunday. Friday night is a more formal menu with salad, entrée and dessert. Other days, the menu highlights sandwiches and pub fare. Members can join us for delicious meals any day of the week!

Canteen hours are Monday to Thursday, 1 to 10 p.m. Join us Friday and Saturdays, noon to 11 p.m.; Sundays, noon to 10 p.m.

VFW6964.org; VFW Memorial Post 6964 Facebook page. Veterans Crisis hotline is "988" — press 1.

Enjoy time with Family this season!

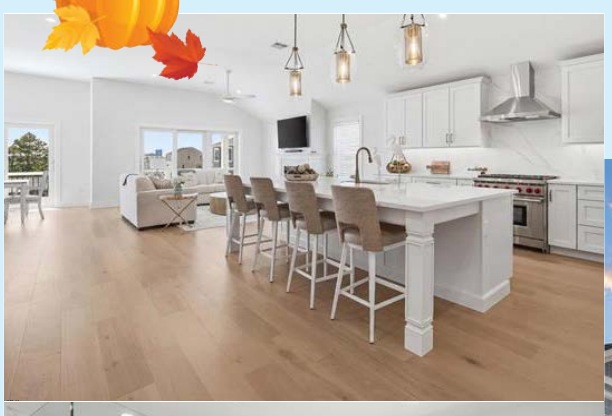


Mayor Vince Sera
Deputy Mayor Karen Bew
Brigantine City Council
and the Brigantine Republican Club

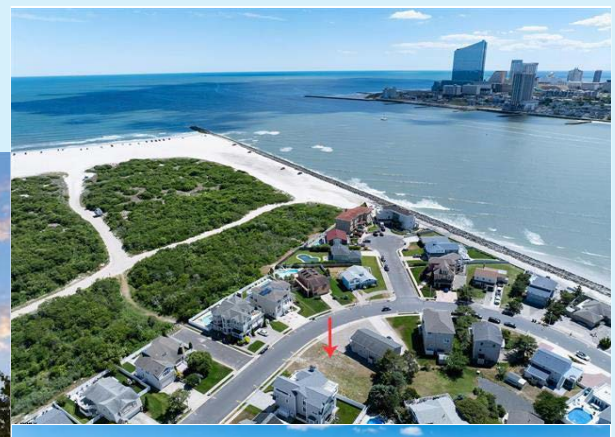
paid by Brigantine Republican Club PO box 774 Brigantine, NJ 08203

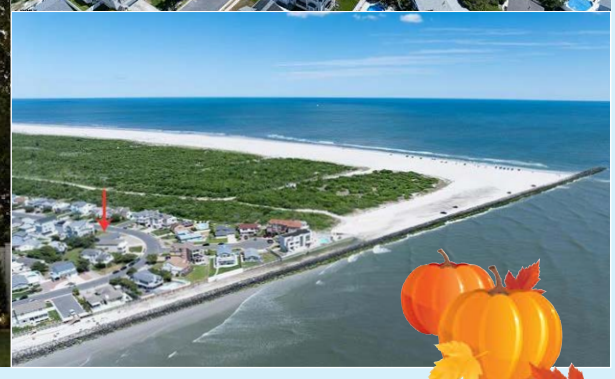


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Sea Point









OCEAN and A. C. SKYLINE Views .....
Just steps to Brigantine's beautiful beach andclose to the 4x4 Beach access This Beautifully crafted home is the epitome of Shore living, designed for comfort, convenience and entertaining. **Six large bedrooms and four Bathrooms** including a huge master suite with fireplace and large private deck complement a home of this stature. An elevator is standard which starts in the garage and takes you to the third floor main living area, eleven foot ceilings, a great room with fireplace and a Designer kitchen complete with a 5'x10' quartz center island. **Call Tony 609-517-2437**

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Waterfront Property



Exeptional waterfront property offers **5 spacious bedrooms, 4 full baths**, elevator and breathtaking water views.
Call Tony 609-517-2437

New Construction
Turn Key



This absolutely stunning 3 story home with elevator has **5 bedrooms and 4.5 bathrooms**.
Call Tony 609-517-2437

New Construction



BEACH BLOCK **6 large bedrooms 4 Bathrooms** huge master suite with large private deck.
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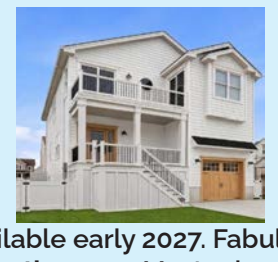
New Construction





"SHORT WALK TO BEACH" and "CENTER OF TOWN" Features 6 bedrooms, 4 full bathrooms, elevator, and more. **Call Tony 609-517-2437**

New Construction





Available early 2027. Fabulous 2 story home featuring **6 bedrooms and 3 full bathrooms**. Master bedroom with large deck. **Call Tony 609-517-2437**

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Tuscan Flat Bread-Grilled Chicken, Spinach, Sundried Tomatoes, Garlic Pesto, Mozzeralla Cheese and a Balsamic Drizzle……$10

French Dip……$12

3 Soft Pretzels- with a Cheese Sauce Dip……$6

Cove Mussels- in Red or White Sauce……$10

¼ Pound Hot Dog-with Cheese……$6

"Italian" Hot Dog-1/4lb Hot Dog Deep Fried and Served In a Pocket of Pizza Bread topped with Fried Potatoes, Peppers and Onions……$9

Chips & Salsa……$5

Loaded French Fries-Bacon, Cheese, Sour Cream And Scallions……$10

1lb Traditional Wings……$10

Draft Miller Lite……$3.50

Bucket Domestic Beer……$18.50

Bucket Imported Beer……$25

Sun Cruiser or High Noon Cans……$8

Tito's Martini……$9

Tito's Cocktail……$7

House Wine……$6

Prime Rib Special

$28

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Salad, Prime Rib, & Dessert

Kitchen open from 11:30am to 9pm

the COVE HAPPY HOUR MENU

SMALL PLATES

2 CRAB PRETZELS	$10
PULLED PORK MAC & CHEESE	$10
PORK BELLIES	$9
MEDITERRANEAN FLATBREAD Light olive oil, garlic, mozzarella and feta cheese, grilled chicken, spinach, roasted red peppers, red onions, black olives, and tomatoes.	$12
TUSCAN FLATBREAD Grilled chicken, spinach, roasted tomatoes, garlic pesto, mozzarella, and balsamic drizzle.	$10
FRENCH DIP	$12
HOT PORK SANDWICH Freshly sliced pork loin with sharp provolone cheese and spinach, served on an AC roll.	$10
AHI TUNA SALAD	$10
CHICKEN CAESAR WRAP	$10
SPICY TUNA ROLL	$8
SHRIMP TEMPURA ROLL	$10

SMALL COURSES

3 LAMB LOLLIPOPS WITH PESTO Served with mashed potatoes and vegetables.	$20
PETITE FILET MIGNON 4 oz petite filet served with mashed potatoes and vegetables.	$20
½ RACK OF RIBS Served with French fries and vegetables.	$20
CAJUN SHRIMP POT PIE	$15
CHICKEN POT PIE	$15

DRINKS

TITO'S MARTINI	$9
TITO'S COSMO	$9
TITO'S COCKTAILS	$7
SKY MARTINI	$7
SKY COCKTAILS	$6
HOUSE WINE	$5
DOMESTIC BOTTLES	$3.50
MILLER LITE DRAFT	$3

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Book Your Christmas & New Year's Parties At The Cove or at the 19th hole at the Country Club!

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Sushi

Mon - Thur	Fri & Sat	Sunday
3pm-9pm	2pm-9pm	2pm-9pm

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Gift Certificates & Winter Fun at the CER

The Brigantine Community Center is excited to announce that gift certificates are available for purchase, just in time for the holiday season! The CER gift certificates do not expire, and they are the perfect gift to give for the holidays or special occasions, as they will be available year-round to take advantage of the wide variety of programs the CER offers. Gift certificates can be made out in any denomination and are valid for any program or class through RecDesk. To purchase a gift certificate, stop by the CER front desk and the staff will gladly assist you. To redeem a gift certificate, bring your gift certificate to the CER and the staff will load the amount onto your RecDesk account as a household credit. That credit can then be applied to any future registration for you or anyone in your household.

With the holiday season just around the corner, there are CER programs being offered that might be of interest to you. First up is a free Nutrition Seminar: Eating Through the Holidays. The seminar will be held Wednesday, Dec. 2, from 5 to 7 p.m. in the CER Dining Room and features how to enjoy the holiday season without feeling defeated in January, strategies for navigating parties, travel and the long stretch between Thanksgiving and New Year's, and foundational science and practical application tips from a nutrition expert. The seminar is free. Register at Brigantine.RecDesk.com or by calling 609-264-7350.

On Thursday, Dec. 10, there will be a free Christmas Concert: Suite Inspiration, at 7 p.m. at the Brigantine Community School Auditorium. No registration is required.



The Brigantine VFW hosted its annual Holiday Craft Market on Saturday, November 14th where local crafters and business owners sold their wares to Brigantine residents. Here, the Paisley Pelican sells some unique gifts. (Photo by Vincent DiDomenico).



The Brigantine CER and the Senior Bingo community gather to honor bingo legend, Fran Vanzin, who passed away in October 2025, with a commemorative plaque.





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New Listings



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BRIGANTINE CLASS C "33"

FOR SALE | $445,000



444 W Shore Drive Unit 1 | Brigantine

RENOVATION IN PROGRESS

FOR SALE | $844,450



17 Lighthouse Drive Unit A | Brigantine

SOUTHEND BEACH CONDO

FOR SALE | $529,000

Recently Purchased



114 23rd St. S, Brigantine

Sold on 09/25/26 | $850,000



703 Bayshore Ave Unit 3, Brigantine

Sold on 10/23/2026 | $795,000



1307 Ocean Ave, Brigantine

Sold on 04/10/26 | $1,400,000

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320 39th Street South • $2,490,000

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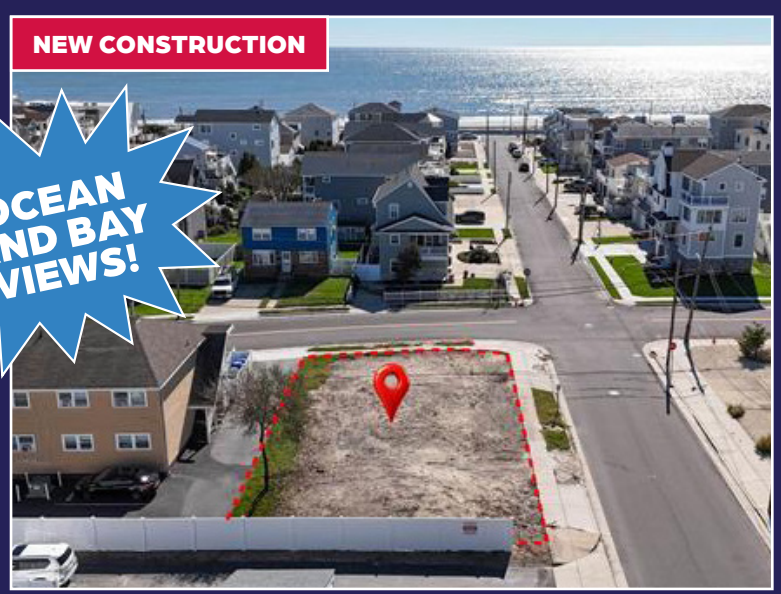




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Help MMSC Save Vulnerable Marine Life

Every Donation Is Vital to Funding Critical Rescue and Rehabilitation Efforts at MMSC

Brigantine, NJ (Nov. 12, 2026) — Facing a critical need for operational funding to save our sea mammals, the Marine Mammal Stranding Center (MMSC) is asking community members to rally behind its life-saving mission this upcoming #GivingTuesday. The global day of unity and philanthropy, driven by the power of community generosity, takes place annually on the Tuesday directly following Thanksgiving.

Approaching nearly a half-century of service, MMSC remains the premier dedicated organization in New Jersey rescuing, rehabilitating and releasing stranded marine mammals and sea turtles. Across the state's entire coastline, a dedicated network of staff and volunteers has managed over 6,500 emergency responses to aid seals, dolphins, whales and sea turtles in distress. This essential safety net for marine life relies entirely on public support to sustain its daily operations.

Donations directly support critical rescue operations and intensive veterinary care for marine mammals and sea turtles that have no other lifeline in the region. Escalating operational expenses, coupled with steady stranding numbers, make community funding more vital than ever before. Gifts of any size ensure that sick and injured marine mammals and sea turtles receive immediate, professional medical attention.

A recently produced mini-documentary captures the intense daily work of the rescue teams and medical staff during the peak seal season. Offering an inside look at the marine mammal hospital, the film showcases dramatic rescues and successful releases, illustrating the profound impact of donor generosity. The mini-documentary can be viewed at youtu.be/LabAxQXRB4I. MMSC's ongoing commitment to excellence was recognized with the Best Nonprofit Silver award from Best of the Press Atlantic City, and the organization maintains a Platinum Seal of Transparency on GuideStar: guidestar.org/profile/22-2368650.

Donation options are open now. Please support the Marine Mammal Stranding Center on #GivingTuesday, Dec. 1, 2026, or earlier, by giving at the 2026 fundraiser page: giving.gofundme.com/campaign/846264/donate.

Donations are also graciously accepted by check and can be mailed to: Marine Mammal Stranding Center PO Box 773 Brigantine, NJ 08203



Here, one of the rehabilitated Harp seals makes its way back into the ocean. This moment was captured in the new MMSC short film. MMSC is asking for donations to continue their work rescuing marine life. See their press release on this page for more information on how to donate.

Order a Brigantine Times hoodie!
Text 609-266-2486

SUDOKU



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THE Shore House Team

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4717 Atlantic Brigantine Blvd.

Welcome to one of Brigantine's most extraordinary waterfront residences, where refined coastal luxury, serenity, and panoramic water views converge in a truly rare offering. Thoughtfully reimagined through a complete renovation in 2020, this custom home delivers an elevated coastal lifestyle defined by elegance, light, and seamless indoor-outdoor living.

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Listed by Celeste Smith



Coming Soon! Bigger than many single-family homes! This stunning 3,036 sq. ft. Brigantine townhouse offers 5 bedrooms, 4.5 baths, spacious living areas, and coastal charm. Near beautiful beaches, pickleball courts, recreation, and dining, it's the perfect place to enjoy the shore lifestyle! *Listed by Maria Sacco Handle*



Discover coastal living at 210 34th Street! This charming Brigantine duplex offers two separate units, inviting outdoor spaces, and excellent rental potential, all just minutes from the beach. A fantastic opportunity to enjoy the shore while generating income! *MLS 612699 Listed by Maria Sacco Handle*



NEW CONSTRUCTION OPEN HOUSE! Discover 3512 Bayshore Avenue in Brigantine! Experience beautiful new construction, modern coastal living, and the opportunity to make your shore home dreams a reality. Join us Black Friday, November 27th, from 12–2 pM and see it for yourself! *Listed by Maria Sacco Handle*



Opportunity Knocks on Sheridan Boulevard! Welcome to this charming 2-bedroom cottage perfectly positioned on a spacious lot with beautiful scenic golf course views, this home offers the perfect combination of coastal charm, outdoor space, and an incredible setting.
MLS 610189 Listed by Maria Sacco Handle



Beautifully renovated second-floor condo offering direct, unobstructed bay views and partial ocean views from the private deck. Ideally located just a block and a half from the beach and seawall, this coastal retreat provides the perfect blend of waterfront beauty and beachside convenience.
MLS 612699 Listed by Celeste Smith



Investor Alert! 100 N Massachusetts Avenue offers incredible income potential with nightly rental rates up to $800! Located in Atlantic City's desirable Inlet neighborhood, just minutes from the beach, Boardwalk, Ocean Casino Resort, and historic Absecon Lighthouse. A fantastic investment opportunity! *Listed by Maria Sacco Handle*



THE Shore House Team

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This Thanksgiving, we are especially grateful for the community we are so fortunate to be part of.

To our wonderful clients, dedicated team, family, friends, and neighbors, your continued support means the world to us. The incredible number of referrals we've received this year has been truly humbling and is a reminder that the greatest measure of our success is the trust you place in us.

From our Shore House family to yours, thank you for allowing us to do what we love in a community we love.

Wishing you and your families a beautiful Thanksgiving!

~ Maria & The Shore House Team

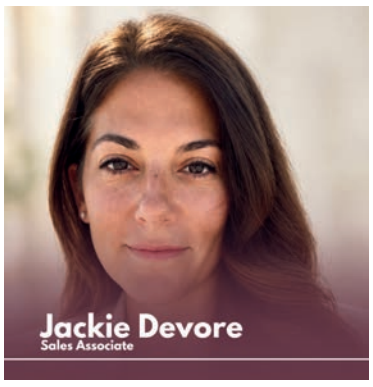


The Shore House Team
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1012 W Brigantine Ave., Brigantine, NJ 08203
9218 Ventnor Ave., Margate, NJ 08402
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919 Ocean Ave	2005 Ocean Ave	219 9th St. So.
204 21st St. So.	106 24th St. So.	104 25th St. So.
103 26th St. So.	201 23rd St. So.	331 40th St. So.
201 5th St. North	313 17th St. So.	3707 Ocean Ave

202 East Brigantine Ave / 206 East Brigantine Ave



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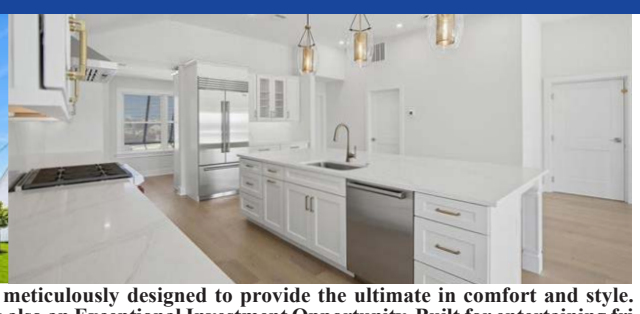
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This 4,000 Sf 3-story Home is meticulously designed to provide the ultimate in comfort and style. Luxurious Coastal Living that's also an Exceptional Investment Opportunity. Built for entertaining fri ends and family. Home features 6 Bedrooms, 4 Full baths, large den, 1.5 car garage, gourmet kitchen, and oversized decks. $2,395,000 MLS# 613092

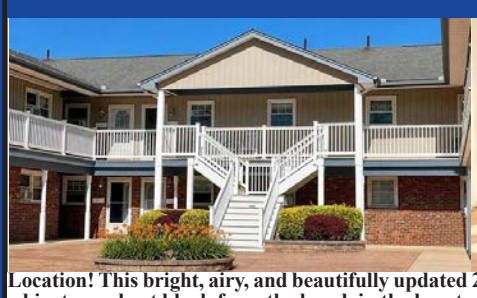
Rum Point - New Construction





Experience coastal living elevated at 7 Rum Point Circle in Brigantine! Expansive porches, covered decks, and sun decks create inviting spaces to catch the shore breeze, entertain guests, and enjoy the scenery. The thoughtfully designed five-bedroom layout offers generous gathering spaces and room to unwind. $3,395,000 MLS# 613551

Condo





Location! This bright, airy, and beautifully updated 2-bedroom, 1-bath condominium is perfectly situated just one short block from the beach in the heart of town. Being sold in turn-key condition, including furnishings. The home offers granite countertops, stainless steel appliances, laminate flooring in the living room, custom tile flooring in the kitchen and bath, newer wall-unit air conditioners, and ceiling fans throughout for year-round comfort. $429,000 MLS# 610466

Townhouse





Move- in- ready, three story townhouse on a quiet cul-de-sac at the South End of the island, with a private beach entrance and no HOA fees. Ocean views from the master suite. Open floor plan oversized decks and a full renovation from the crawl space to the Attic, new HVAC, new hot water heater and two new outdoor showers. Turnkey, with a documented Airbnb and VRBO rental history bring your bags and relax. $989,500 MLS# 613058

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Leroy's Corner:

Big Backyard Adventures



If you have been following my adventures, my new home has a lovely backyard. I am excited to share that the backyard has been full of excitement lately, and I have been keeping a close eye on things from my window.

A new bird feeder went up, which seemed like a generous invitation for the birds. You know me — I love to watch birds of all kinds, so having direct sight to the birds got me really excited. Unfortunately, very few birds have visited the feeder because the squirrels took it as an invitation for themselves! They have been climbing the pole with remarkable audacity, eating every last seed and leaving nothing for the birds. I have watched the whole operation carefully. I may not be able to reach the feeder, but I can certainly judge the squirrels.

Then it was my turn to explore. With my leash on, I ventured into the big backyard, and I loved every minute of it. There were new smells in every direction, so I sniffed my way through the grass and made sure to chomp a few blades along the way. Every corner seemed to have something interesting to investigate. I could have stayed out there all day, discovering what was hiding beneath the leaves and deciding which patches of grass deserved a second visit.

I loved being outside so much, and now I have decided that I need to have multiple backyard walks per day. I prefer to sit by the side door and meow as loud as I can until my humans put my leash on and allow me to explore. I do it to ensure I do not miss any of the action.

The yard is much bigger than I expected, and I am already looking forward to my next adventure. The squirrels may have claimed the bird seed, but I have a whole territory to explore, one fascinating smell and one blade of grass at a time.

Stay Whiskered,
Leroy



On Tuesday, August 25, the Brigantine CER and the Senior Bingo community gathered to honor bingo legend, Fran Vanzin, who passed away in October 2025. Fran was the heart of the senior bingo program, coordinating games twice a week for seniors of the Brigantine and surrounding communities. The plaque, recently installed at the Brigantine CER, can be found on the wall next to Fran's regular seat. The plaque reads: "This seat is dedicated to Frances "Fran" Vanzin, making memories one bingo game at a time." Though she is no longer physically with us, Fran's spirit can be felt with every game played and every "BINGO" shouted.



Assemblywoman Maureen Rowan joined members of the Brigantine Democratic Club for their First Annual Wine-Tasting Fundraiser this past Saturday.

BRIG SURF SHOP

Our BOGO & BOHO sales are ON!!

Thanksgiving Holiday Hours and Plans
We will be open:
Thanksgiving Day 8am to 2pm,
serving up Bloody Marys and Mimosas
Black Friday 10am to 6pm
Saturday 10am to 6pm
Sunday 10am to 3pm
4222 Harbor Beach Blvd
(by the ACME)

Dressing for Cold Weather

Submitted By Alan Moose, USCG Aux.

With Brigantine's steady coastal winds, a 50° day can feel much colder than the thermometer suggests. When temperatures are around 50°F and winds are blowing 20 mph, the wind chill can feel close to freezing. On days like these, it's best to bundle up. Prolonged exposure to cold and wind, especially when you're wet or on the water, can lead to loss of coordination, impaired judgment and reduced motor skills. These conditions are particularly dangerous when boating, fishing, or even working or walking near the water.

If you go outside, wear several layers of loose-fitting, lightweight, warm clothing rather than one heavy layer. Your outer garments should be tightly woven and water-resistant. Layering may vary depending on your activity level, but the best way to stay comfortable outdoors is to use a three-layer system that you can add to or subtract from as conditions change.

The base layer: The layer next to your skin helps regulate body temperature by moving perspiration away from the skin. Cotton retains moisture, so it's best to choose merino wool, synthetic fabrics or silk for your base layer.

The insulating layer: This layer helps retain body heat and protects you from the cold. Wool, goose down and fleece are excellent insulating materials.

The shell layer: The outer shell shields you from wind and rain. It should also allow some perspiration to escape. Without adequate ventilation, moisture can condense inside the shell and leave you feeling colder. Make sure your shell is roomy enough to fit comfortably over the other layers without restricting movement.

Here are a few additional tips for dressing in cold weather: Wear mittens, which are generally warmer than gloves. Wear a hat to help retain body heat. Cover your mouth and nose with a scarf or face covering to help warm and humidify the air you breathe, making cold-weather breathing more comfortable.

Speaking of hats, studies have shown that the old saying that most body heat escapes through your head is actually a myth. The head loses heat just like any other exposed part of the body. However, the face, head and upper chest are particularly sensitive to cold temperatures, so keeping them covered can greatly improve your comfort. The bottom line: Dress warmly from head to toe and minimize exposed skin when temperatures drop.

If you are interested in becoming part of the U.S. Coast Guard Auxiliary, Brigantine Flotilla 85 welcomes new members. Come join us at our next Zoom meeting, 7 p.m. Tuesday, Jan. 19. For information on how to join the meeting, email boatsafelyinnj@gmail.com. And remember: Safe boating is no accident!





The Brigantine Lion King, Jim Constantine, presents " The Lion of the Year Award" to Lion Dana Wineland Kabala for her hard work and dedication to the Brigantine Lions Club. The award was given out at the Cove Restaurant on Monday night.



Blood Drive
VFW Post 6964

Hall
121 31st Street
Brigantine, NJ 08203

Monday, November 23, 2026
9:00 a.m. to 2:00 p.m.

Maximize your blood donation. Help more patients.
If you are an eligible type O, B - or A - donor, consider making a Power Red donation.
Red blood cells are the most commonly transfused blood component.

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Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.



Go for a spin. Help Save A Life. Give Blood. Come to give blood Nov. 23-Dec. 6 for an exclusive American Red Cross x Wheel of Fortune mug, while supplies last!

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OPEN 6 DAYS A WEEK
7AM-2PM Thursday- Tuesday

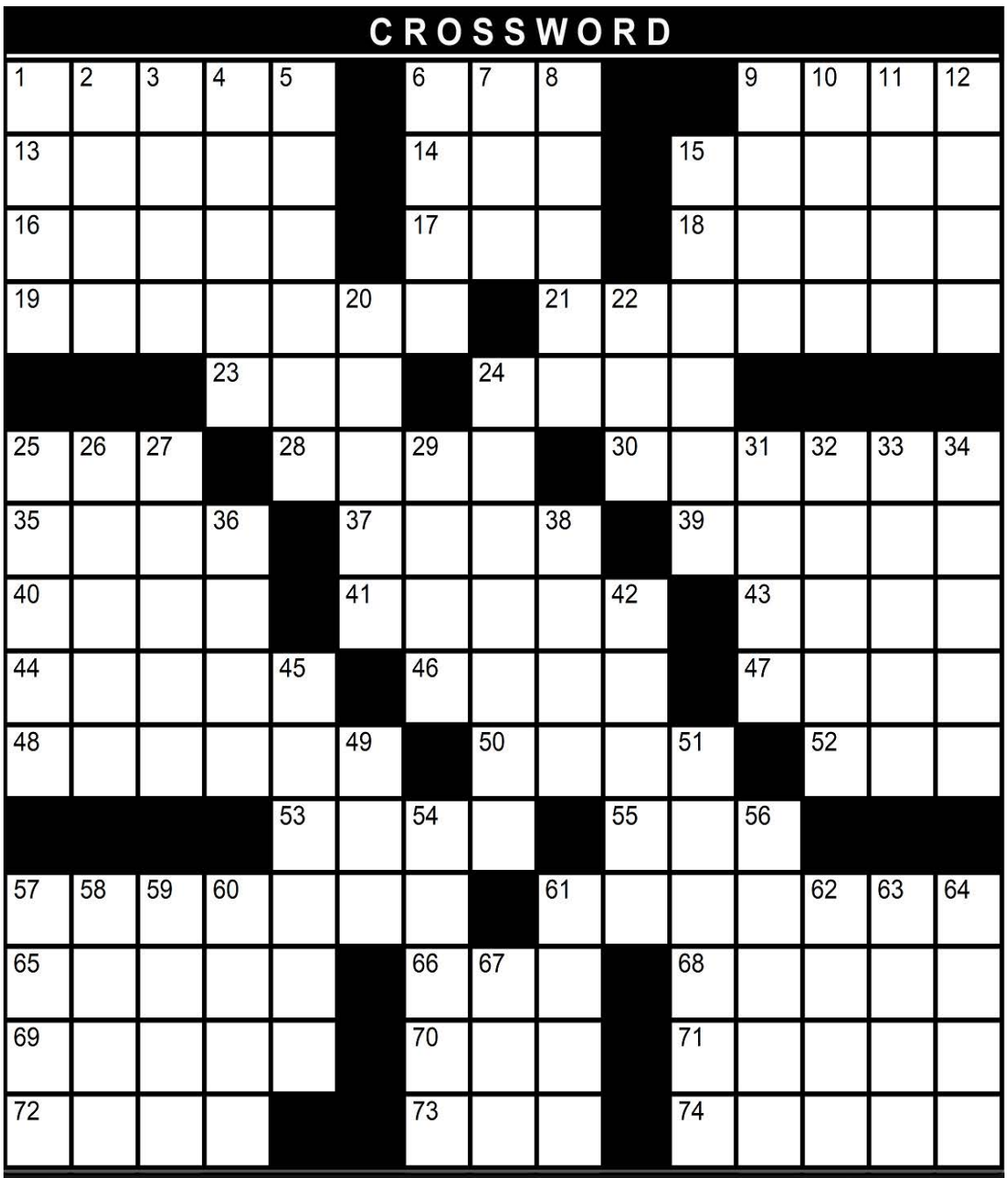
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CROSSWORD





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Good luck this week!

STATEPOINT

CROSSWORD: THANKSGIVING

ACROSS

1. Chevy of "National Lampoon's Christmas Vacation"
6. Broadcast breaks
9. Electrical current unit, pl.
13. Mineral veins
14. Neighbor of Ger.
15. Gem state
16. 1960s abstractionism
17. "I" mania
18. *The only First Lady to issue official Thanksgiving Day proclamation
19. *First department store to host Thanksgiving parade
21. *Keeping turkey juicy
23. Use one's eyes
24. Same as island
25. Chasing game
28. 4th planet from sun
30. Milk-related
35. 1952 Olympic site
37. *Brad who starred in a Friends Thanksgiving episode
39. Remus Lupin's nickname
40. Continent
41. Most common vowel in English language
43. Try
44. Ascetic holy Hindu
46. Fail to mention
47. Ditty
48. Interruptions
50. "Do ____ others..."
52. P in m.p.g.
53. Partiality
55. Pie ____ ____ mode
57. *Gizzard, heart, liver, neck
61. *Soaking turkey
65. Heart chambers
66. Polite form of address
68. Outspoken
69. Behave like a coquette
70. "But I heard him exclaim, ____ he drove out of sight..."
71. Allergic reaction to bee sting
72. Bloodsucking hopper
73. "Ideas worth spreading" talk
74. Counseled

DOWN

1. Heidi's shoe
2. Kachina doll maker
3. *"The Thanksgiving Song" performer
4. Some Slavs
5. Put on a pedestal
6. Gorillas and orangutans
7. *National ____ Show
8. Pigsty dwellers
9. Mine passage
10. Neither mini nor midi
11. What phonics and cacophony have in common
12. Playlist item
15. Trouser measurement
20. Bounds' partners
22. Opposite of nothing
24. Isthmi, sing.
25. *Charlie Brown's meal: ____, popcorn, pretzels, jelly beans
26. Allegro ____, in music
27. Move like on ice
29. Organized crime-related ____ Act, acr.
31. Selling price minus profit
32. Add (2 words)
33. Absurd
34. *____ Monday after Thanksgiving
36. Hawaiian island
38. "The Parent Trap" child
42. Rose oil
45. Cheerful
49. Dog command
51. Dickens' Twist
54. Opposite of liability
56. Positive electrode
57. Gamecock's spur
58. It will
59. French hors d'oeuvre staple
60. Turkish money
61. Raised
62. Like some cakes
63. ID info
64. Happy
67. Ill temper

Dr. Zimmerman's Health Tips

By. Dr. J. Zimmerman

Dr. Zimmerman is a Brigantine chiropractor. The health tips in this column are his personal opinions, advice, and commentary, and are not a substitute for professional medical advice. Consult your doctor with any health questions or concerns.

Beyond Meat? Plant-Based Meat Alternatives Not What They Seem

If you've been reaching for plant-based burgers because they seemed like the cleaner, healthier choice, a new UK study is worth your attention. Researchers tested 92 plant-based meat alternatives from major UK retailers, and every single one contained at least one mycotoxin. Most contained several. A few toxins were especially common. Beauvericin showed up in nearly 99% of products, and two enniatins appeared in about 93%. In other words, some of these compounds were found in more than 9 out of every 10 plant-based meat products on the shelf.

Mycotoxins are natural poisons made by molds that grow on crops like wheat, oats, corn, soy and peas, either in the field or during storage. Heat and humidity help those molds thrive. These toxins have been linked to liver and kidney damage, weakened immune function, hormone disruption and even cancer. Aflatoxins, which turned up in as many as 82.6% of the samples, are classified as human carcinogens. The good news is that no product went over regulatory limits, so one plant-based burger isn't likely to hurt you. The bigger concern is what happens over time. Safety limits usually judge each toxin on its own, not the mix of several you might be eating meal after meal, day after day.

Plant-based meats are especially vulnerable because of how they're made. A single product often blends wheat, oats, corn, soy, peas, beans and chickpeas, and each of those crops brings its own risk of mold contamination. Every extra ingredient is one more door for toxins to slip through. Processing doesn't clean things up, either, since many mycotoxins survive the heat and steps used to make the finished food. So whatever contamination a crop picked up on its way from the field to the factory can end up right on your plate.

The simplest fix is to lean on whole foods that look like what they came from. I like to remind people that real health is built on simple, honest choices, and food is no exception. If plant-based crumbles go into your family's tacos, try seasoned grass-fed ground beef instead. If plant-based sausages are a breakfast staple, swap in pasture-raised eggs with vegetables cooked in butter or ghee. When you do buy packaged foods, flip them over and check the label. A long list of seed oils, gums, starches and stabilizers is a clear sign of heavy processing. Choosing simpler foods cuts your mycotoxin exposure and helps you skip the seed oils and additives that work against your gut, your energy and your overall wellness.

Powerful Immune System Booster

Quercetin is a natural plant compound that gives many fruits and vegetables their bright colors. Scientists have been studying it for a long time. It was first discovered in 1857. You can find quercetin in foods like onions, apples, berries, grapes, tomatoes and tea. What makes

(Continued on Page 27)

Brigantine Times Kids Corner

The Railway Children By E. Nesbit

Chapter VI: Saviours of the Train

(Continued from Vol. 57 No. 45)

"What is it? Oh, what is it?" said Phyllis; "it's much too magic for me. I don't like it. Let's go home."

But Bobbie and Peter clung fast to the rail and watched breathlessly. And Phyllis made no movement towards going home by herself.

The trees moved on and on. Some stones and loose earth fell down and rattled on the railwaymetals far below.

"It's ALL coming down," Peter tried to say, but he found there was hardly any voice to say it with.

And, indeed, just as he spoke, the great rock, on the top of which the walking trees were, leaned slowly forward. The trees, ceasing to walk, stood still and shivered. Leaning with the rock, they seemed to hesitate a moment, and then rock and trees and grass and bushes, with a rushing sound, slipped right away from the face of the cutting and fell on the line with a blundering crash that could have been heard half a mile off. A cloud of dust rose up.

"Oh," said Peter, in awestruck tones, "isn't it exactly like when coals come in?—if there wasn't any roof to the cellar and you could see down."

"Look what a great mound it's made!" said Bobbie.

Chamber Chatter

Chamber Chatter

As Thanksgiving approaches, the Brigantine Chamber of Commerce would like to express our gratitude to the businesses, residents and organizations that make our island community so special. We're thankful for the generosity, dedication and community spirit that make Brigantine such a wonderful place to live, work and visit.

Chamber Member Spotlight — Atlantic Title Agency

This week, we're pleased to recognize Atlantic Title Agency, another proud Gold Sponsor of the Brigantine Chamber of Commerce. With an office right here in Brigantine, Atlantic Title Agency provides professional title and settlement services throughout South Jersey while remaining committed to our island community. Here's their story, in their own words.

Atlantic Title Agency: Proud to Serve Brigantine and Beyond

Atlantic Title Agency proudly serves Brigantine and South Jersey, providing professional title insurance and settlement services to homebuyers, sellers, Realtors, attorneys and lenders.

Our Brigantine office at 3210 Atlantic Brigantine Boulevard remains a trusted local resource, offering personalized service and experienced professionals dedicated to smooth, stress-free closings.

Growing to Better Serve You

We recently relocated our Somers Point office to 1127 N. New Road in Absecon/Pleasantville, expanding convenience for clients throughout Atlantic County while maintaining our strong commitment to Brigantine.

Four Consecutive Years of Gold!

Atlantic Title Agency proudly earned First Place Gold in the Best of the Press awards for 2023, 2024, 2025 and 2026! This recognition reflects the continued confidence of our clients and community.

Meet Our Dedicated Team

Our experienced team includes:

Dino Fanzo — Sales Associate & Closing Agent

Rich Moder — Closing Agent

Debra Balak — Closing Agent

Regina Townsend — Title Examiner

Karla Tomassetti — Processing

Angel Colanero — Processing

Beverly Scott — Recordations

Melva Vaughn — Policy Generation

Madison Haring — Processing

(Continued on Page 35)



Color in the picture of the autumn leaves and share your creation with us at Brigantinetimes@gmail.com



BRIGANTINE TIMES FOOTBALL POOL



WEEK 12 (11/29):

SAINTS @ BENGALS

RAVENS @ TEXANS

GIANTS @ COLTS

JETS @ DOLPHINS

FALCONS @ VIKINGS

TITANS @ JAGUARS

PATRIOTS @ CHARGERS

COMMANDERS @ CARDINALS

SEAHAWKS @ 49ERS

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MONDAY (11/30) TIE BREAKER:

PANTHERS @ BUCCANEERS

TOTAL COMBINED POINTS:

Choose your winners from each of Sunday's matchups above by circling them. Choose your winner for the tie-breaker game and write in your guess for the combined total points of the game. Fill out your information below and **EMAIL a clear photo** of this form to **TimesFootballPool@gmail.com**

All forms must be submitted via email by **Thursday (11/26) at midnight.**
Winners will be announced in Friday's paper. **Only one submission per person.**

The editor reserves the right to disqualify any form for any reason he/she deems necessary at any time.

Runner-up will receive a free Stock's pound cake from

RIP TIDE BAIT & TACKLE

NAME: **PHONE#:**

EMAIL:

Weekly Fishing Report

by Captain Andy Grossman

Tick tock, tick tock, tick tock. As the time passes, we are still waiting for the striper explosion to happen. The good news is they are still north of us and haven't bypassed us, and we are getting some stripers caught on a daily basis, but nothing to write home about. Will this be the weekend they show up? The weather is going to be great, and we will have a lot of anglers out there fishing, so if they do make their way here, we will know about it.

We have been getting fresh bunker in to go along with perfectly sized eels for the stripers. If you want to catch some tog, the jetty has been giving up some nice ones, as Bo nailed an 18.75-inch, 3-pound, 15.2-ounce tog to take over first place in the Riptide Derby with a month to go. If you want to get out there and catch a fish, just stop by the shop and we will help you catch dinner or just do a CPR (catch, pic and release).

If you are looking to have your famous Stock's pound cake for Thanksgiving, please make sure you call and get on the list, as we sometimes sell out before the holiday. If you are on the list, then you will have your cake. We don't want anyone to miss out on the most delectable dessert you can have. Call 609-264-0440.

For all the latest fishing reports, info and pics, you can find us on Facebook at Riptide Bait and Tackle, on Twitter @RiptideBait, on Instagram @Riptide911 and on TikTok @Riptidebnt.

Thanks, and keep on fishin'.

Capt. Andy

Riptide Bait and Tackle





Here are some of the great catches made in Brigantine this week!

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2026 Striper Derby Happening Now!

All proceeds go to True Spirit Coalition

609-264-0440

Latest Fishing Info on Facebook at Riptide Bait and Tackle.

Health Tips

(Continued from Page 25)

quercetin interesting is that it helps many parts of the body. It does more than act like a simple antioxidant. It works with systems involved in protecting cells, helping the immune system, supporting blood vessels and possibly helping the brain stay healthy as people get older.

Studies in labs and animals show that quercetin may also lower inflammation. Lab studies also found that quercetin could fight some bacteria, including E. coli, Staphylococcus aureus, Salmonella and Pseudomonas aeruginosa. Studies in people show that quercetin may help heart health. In one study, people with stage 1 high blood pressure took 730 milligrams of quercetin each day for 28 days. Their blood pressure went down. In another study, 93 adults who were overweight or obese and at high risk for metabolic syndrome took 150 milligrams a day for six weeks. They also had lower systolic blood pressure and lower levels of damaged LDL cholesterol.

These heart benefits may happen because quercetin helps blood vessels work better, improves nitric oxide activity, lowers damage to LDL cholesterol, reduces blood clotting and lowers inflammation. Together, these effects can help keep arteries healthier and more flexible. Some of the most hopeful results come from a 24-week study of healthy

(Continued on Page 37)

Today's Puzzle Answers

C	H	A	S	E	■	A	D	S	■	■	A	M	P	S
L	O	D	E	S	■	P	O	L	■	I	D	A	H	O
O	P	A	R	T	■	E	G	O	■	N	I	X	O	N
G	I	M	B	E	L	S	■	B	A	S	T	I	N	G
■	■	■	S	E	E	■	I	S	L	E	■	■	■	■
T	A	G	■	M	A	R	S	■	L	A	C	T	I	C
O	S	L	O	■	P	I	T	T	■	M	O	O	N	Y
A	S	I	A	■	S	C	H	W	A	■	S	T	A	B
S	A	D	H	U	■	O	M	I	T	■	T	U	N	E
T	I	E	U	P	S	■	U	N	T	O	■	P	E	R
■	■	■	■	B	I	A	S	■	A	L	A	■	■	■
G	I	B	L	E	T	S	■	B	R	I	N	I	N	G
A	T	R	I	A	■	S	I	R	■	V	O	C	A	L
F	L	I	R	T	■	E	R	E	■	E	D	E	M	A
F	L	E	A	■	■	T	E	D	■	R	E	D	E	D

Crossword on Page 25

Sudoku on Page 17

2	7	1	6	9	3	5	4	8
5	6	8	7	4	1	2	3	9
4	9	3	5	8	2	1	6	7
1	3	2	9	7	6	4	8	5
8	4	9	1	2	5	3	7	6
7	5	6	8	3	4	9	2	1
3	8	7	2	1	9	6	5	4
9	2	5	4	6	7	8	1	3
6	1	4	3	5	8	7	9	2

A Letter of Gratitude

By McKayla Touhill

This time of year is one of my favorites. The air is crisp and cool. The sun is still shining, and the dark evenings beckon one to get cozy in the candlelight and do something sleepy like watching one's favorite movie or reading a good book.

While the days are getting darker and shorter, the promise of the holiday season glitters before us. Next week, we will celebrate Thanksgiving. We will gather together with our families, friends and loved ones to give thanks for all the blessings of this year. I know I certainly have a lot to be grateful for.

I am grateful for my beautiful new baby girl. Her little smiles and baby coos make each of my days full of joy. Garrett and I can spend hours just watching her exist and laughing at her babyish antics.

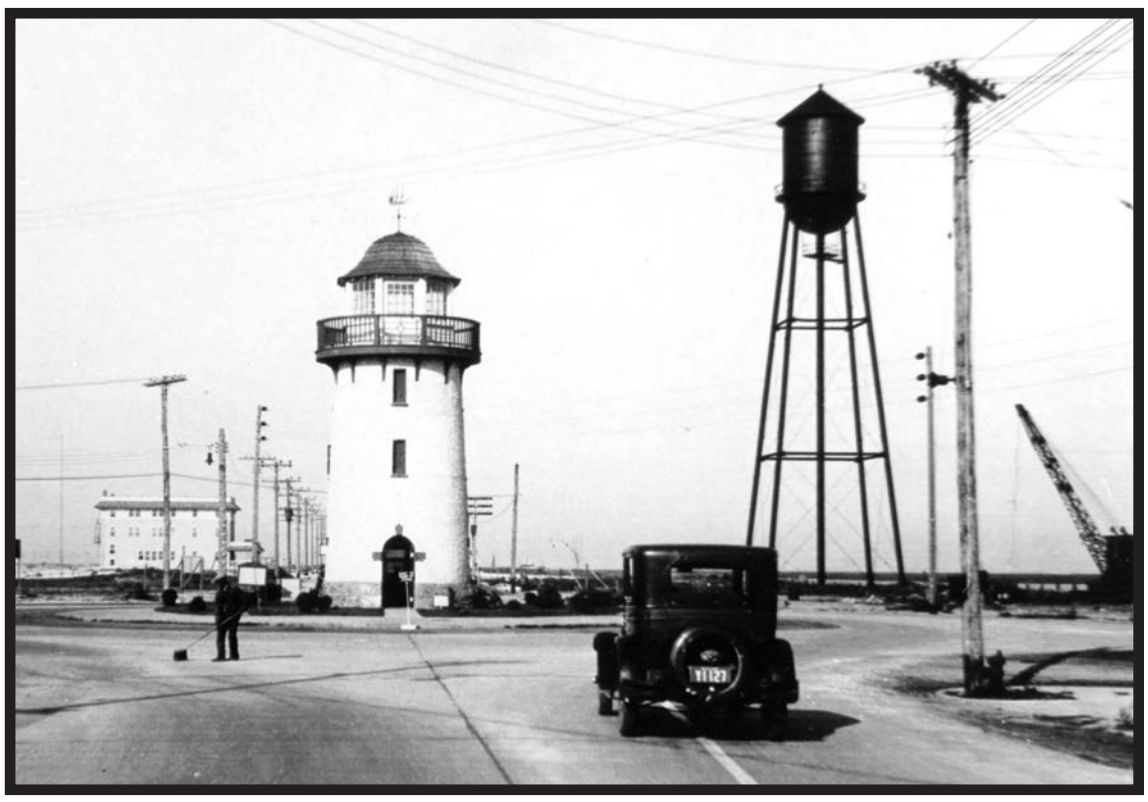
I love watching her bring joy to people, even those I don't know. This weekend, I went to Sandy Jack's for a breakfast sandwich, and everyone in the store was delighted with her, as she looked around at all the new sights and sounds. Looking back, it makes me realize how grateful I am that little babies can make so many people smile.

I am also grateful to have the help of Garrett in making it through the long, sleepless nights and early days of having a newborn. As many of you who know him may have guessed, he is already doing a great job at being a dad. And, besides that, he has taken the reins in running The Times solo so I could enjoy some maternity leave and spend many uninterrupted days with my new baby.

I am also really thankful for my mom and cousin, who have been coming over every week since I brought Elowen home to help me with chores around the house, or hold her while I take some time to myself, and for my mother- and father-in-law, who helped us get our house ready for the baby when she arrived ahead of schedule.

I hope that as we enter this week, you will also take some time to reflect on a few things you are thankful for, and the blessings you have received this year. May it bring you joy as it did for me, and get you into the spirit for Thanksgiving next week.

Now, for this week's birthdays: Nov. 20 — Domenica Polillo, Sean Jones, Clipper Allen, Dave Cooker, Bill Joyce and Lisa Luisi. Nov. 21 — George Moore (the son), Pat Dennehy, Linda O'Connell, Kevin Lange and Nate Schlegel. Nov. 22 — Dennis Eyde and Judy Ryan. Nov. 23 — Roseann Dennehy. Nov. 24 — Joe Giacomo and Bill Ferris. Nov. 25 — Terri Roth and Donna Shea. Nov. 26 — John Doring, Donna Vanzant, Charity Polczak, Nicole Lacava and Ryan Bonanni.



This circa late1920s photo shows the Lighthouse Circle. The water tower on the right was the first of two installed by the Island Development Company to provide drinking water to the island residents and businesses. The three-story building left of the Lighthouse in the background was initially a boarding house for laborers working on the island at that time, later to include the Lagoon Restaurant and Bar for many years, and currently The Cove. Stop by the Brigantine Historical Museum to see more photos like this.

The Brigantine TIMES

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Thank you to the Brigantine Historical Museum for preserving Brigantine's past!

Slices of Life

Thanksgiving in Brigantine: 1926

By Roseann Smith

What do you think Thanksgiving Day was like in Brigantine in 1926 — a hundred years ago? Where would you buy a turkey? What would you serve as side dishes? How about the drinks served or the pies for dessert? Well, you wouldn't have bought your groceries at Seppy's Grocery Store, because Brigantine's first food market didn't open until the 1950s. As for side dishes to go with your bird, you wouldn't have eaten a green bean casserole, because it didn't become popular until 1955.

Dessert, anyone? Since its inception, people have served pies for Thanksgiving dessert. However, the most popular pie in 1926 was mincemeat pie, not pumpkin or apple pie. To wash down that wonderful, homemade meal, people drank water, coffee, apple cider or grape juice. Remember, in 1926, America was in the height of Prohibition.

That's just a glimpse of what Thanksgiving Day in Brigantine looked like in 1926. Let's take a deeper look: According to the 1920 U.S. Census, only 12 permanent residents lived in Brigantine. In 1926, Brigantine was described as a "small, quiet coastal resort community" and was at the beginning of a real estate boom, with its first wooden bridge opening in 1924. Finally, Brigantine was connected to Atlantic City and the mainland.

A hundred years ago, Brigantine residents probably bought their Thanksgiving dinner fixings at the A&P, or the American Stores Company, in Atlantic City. Few people owned cars in 1926. You would have had to take the ferry over to Atlantic City. Both grocery stores offered fresh turkeys and Thanksgiving sides like fresh cranberries, sweet potatoes and brussels sprouts.

Although refrigeration was in its infancy in 1926, homes in Brigantine still depended on wooden ice boxes. You couldn't make any foods ahead of time. People made everything early in the morning and from scratch. In 1926, you'd find something interesting on your Thanksgiving table that you don't see today. Celery stalks and black olives would be invitingly arranged on a relish tray alongside nuts and pickles. These items were considered luxuries and were used to cleanse the palate between the rich courses of Thanksgiving dinner. The total cost of a Thanksgiving dinner in 1926 was $7.26.

A local tradition was born in 1926 that is still popular today. The Atlantic City Vikings and the Holy Spirit Spartans played their first rival game at Bader Field in Atlantic City. The Vikings won that first matchup, 28-18.

TV didn't debut until the 1940s, so those who wanted entertainment sat around the radio after eating turkey dinner. In 1926, live coverage of NFL games and the Macy's Parade aired to roughly 25 million Americans. Thanksgiving episodes of programs like "The Gracie and Allen Show," "The Jack Benny Show" and "The Adventures of Sam Spade" were a family favorite.

Today, Brigantine residents have traded wooden iceboxes for smart fridges and mincemeat pie for pumpkin. And think about it: Now you can drown out those pesky relatives with something much stronger than apple cider. Happy Thanksgiving, everyone!



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HAPPY THANKSGIVING BRIGANTINE!

Temple News

Join TBS in supporting the JFS Turkey Drive for families in need: Fill a bag for $45 and provide a family in need with a complete Thanksgiving meal! Donate at JFSAtlantic.org, or contact Bailey at 609-822-1108, ext. 354, or bpokres@jfsatlantic.org.

Wednesdays Through November | Mah Jong & Canasta

Come enjoy a friendly game, good company and a chance to connect with neighbors.

Nov. 24 at 7 p.m. | Brigantine Interfaith Thanksgiving Service

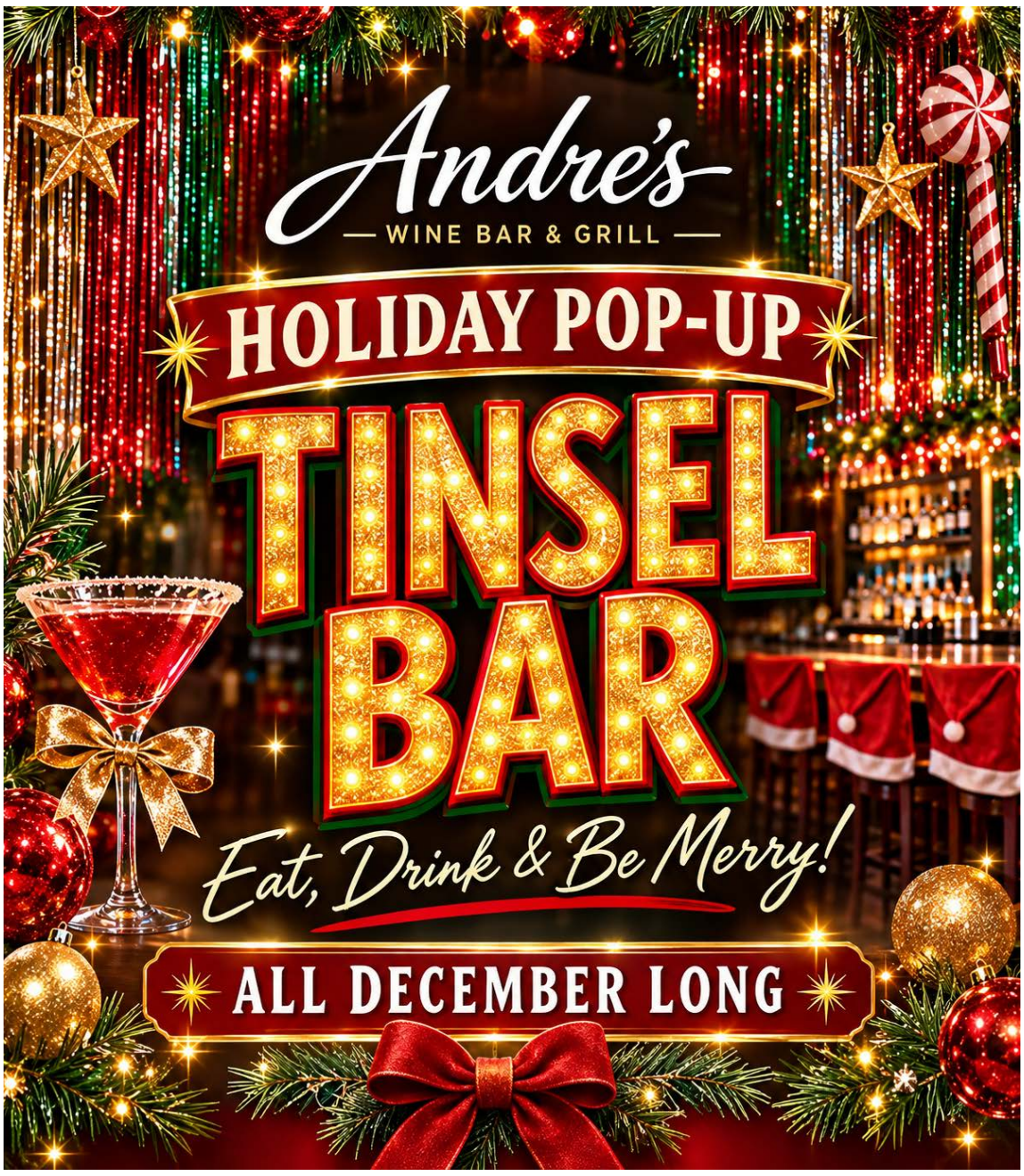
Gather with neighbors of all faiths at St. Thomas Catholic Church as we give thanks together and celebrate the spirit of community.

Dec. 11 at 4:45 p.m. | Join Us to Light Our Hanukkah Menorah!

Help us celebrate the Festival of Lights as we gather to light our community menorah. Stay afterward for delicious latkes and warming vegetable soups! We would love to welcome you to our early Shabbat service at 6 p.m.

Come for an activity, stay for the friendships, and discover the warmth of our Brigantine community.

RSVP: TBS office, 609-266-0403







The Brigantine Democratic Club held its First Annual Wine-Tasting Fundraiser this past Saturday. Members and friends came together to celebrate their party's election victories while enjoying a variety of wines and cheeses.



Jen and Eric Vogel went on a two-week African Safari and, of course, brought the brigantine times with them! Here, they are pictured in Amboseli, Kenya, with Mt. Kilimanjaro looming in the background.



Sophia Tuttle of Pastel Pop Studio sells her handpicked items at the Holiday Craft Market held at the VFW last weekend. (Photo by Vincent DiDomenico).

Beyond the Uniform, Honoring VFW Post 6964

Faith Hope Charity by Anthony Tori

On Sun., Nov. 8, our island city was truly blessed and deeply inspired again by our Brigantine Memorial VFW Post 6964. The strength of the speakers and the cheering of the crowds roused our confidence in the American spirit with rekindled fervor all over again. Did you see all the photos and coverage on it? This celebration was not only about their sacrifices and accomplishments of the past, but in the ways they support the wholesomeness of our city and beyond. While they are known for charitable work and community contributions year-round, we saw the Veterans Day Ceremony igniting our town with the highest level of patriotism. And what a day for a parade it was!

The Veterans of Foreign Wars Post 6964 are supporting partners of the Brigantine Polar Bear Plunge, which raises money for the Fisher House Foundation. This organization provides temporary lodging for military families while loved ones receive medical treatment. Their volunteers exhibit many impressive examples of local generosity, which continues to benefit military families nationwide. Besides this, they also invest with great results in our local schools and our youth with efforts toward education and sports with a host of programs. These defenders of our freedom are committed to Brigantine's first responders, to our Fire Department, to our Emergency Medical and Police Departments. Their mission and legacy renders the highest blessing while assisting veterans and their families in need, remembering fallen comrades, helping widows and orphans. They are our heroes during every public event, especially on 9/11 and national holidays.

There's a little-known Bible story in the Book of Acts involving people like

(Continued on Page 34)

Thanksgiving Interfaith Prayer Service

Thanksgiving is right around the corner, and it's time to take stock and offer thanks for the blessings in our lives. Brigantine's annual Interfaith Prayer Service is being hosted by St. Thomas the Apostle Church this year, on Tuesday, Nov. 24, at 7 p.m. Father Ed Namiotka, Rabbi Stephanie Breitsman and a member of the Presbyterian Church will share the scripture readings and prayers offered in thanksgiving for the many blessings bestowed upon our community. Our music director, Mary Jane Kelso, and our choir will provide the appropriate hymns of praise and thanksgiving, and light refreshments will be served after the service. A True Spirit Coalition free-will offering will be requested. This is a wonderful opportunity for all Brigantine residents to gather in prayer, and all are encouraged and welcome to attend.



The Atlantic County Utilities Authority (ACUA) invites residents of all ages to celebrate America Recycles Day at a free open house on Saturday, November 21, from 1 to 3 p.m. at the ACUA Environmental Park located at 6700 Delilah Road in Egg Harbor Township.



Karen Richards, head of K Richards Art, sells her beautiful artwork at the Holiday Craft Market held at the VFW on November 14, 2026. (Photo by Vincent DiDomenico).

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CLASSIFIED ADS

ENTERTAINMENT

AMICI OPERA CO. Presents Bizet's "CARMEN," Staged Saturday, November 21st, 4:00 PM, Community Presbyterian Church 1501 Brigantine Ave. Brigantine NJ. For info call: 215-224-0257 (44-46)

MOVING SALE

MOVING SALE! Nov. 20th, 21st and 22nd! Household items for sale: Dishes, Pewter, Tablecloth & Napkins, Vases, Picture Frames, LPs, CDs, DVDs. Large furniture pieces: Brass Bed, Day Bed, Dressers, Counter Height Dining Set, Patio Furniture, Antique Chairs, Desk, Sideboard, Shelving units, Corner Cabinets, and more. 2001 SeaRay Sundeck 240, 1994 Miata Friday-Sunday, 8am to 4pm @ 703 Bayshore Ave, Brigantine (45-46)

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For Rent: Winter rentals. 1,2,3,4 Bedrooms. Fully furnished from $1,300/mo. Risso Realty 3840 Brigantine Blvd. 609-266-3161. (46,47,48).



HAPPY THANKSGIVING!

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Beyond the Uniform, Honoring VFW Post 6964

(Continued from Page 31)

these. They were on a ship headed for Rome that never reached its destination. After these men got underway, they were met with a slowly progressing storm until a dreaded hurricane arrived. Even with the combined know-how of the crew, the struggles mounted, as did the raging waters. The chapter describes the fierce winds, their alternate routes and relentless attempts to stay afloat. As a last resort, the ship's valuable cargo and equipment was thrown overboard to avoid their final calamity. Striving to survive, some aimed for the lifeboat, which didn't have a chance. Being far off course and every effort exhausted, 276 persons minus one had lost all hope in the black of night.

Now the grace of God was revealed to one of the passengers by an angel. He was praying during the chaos and miraculously received a guarantee that everyone onboard would survive. His faith and reassuring actions became the only reliable anchor while breaking bread with all of them. With this divine confidence, the ship was deliberately run aground at the island of Malta, but the stern was broken apart by the battering waves. Close enough to land, some were able to swim ashore, and others used pieces from the broken ship as rescue floats to get there. At the outcome of disaster, everything was lost, but every soul was preserved alive.

Consider the symbolic picture here. We travel life's journey with our kin, our neighbors and friends, being grouped together on the same "ship." We share the same uncertainties within the ebb and flow of life. The lost cargo and damaged ship represents the structure of our life in mid-crisis, with growing fears of failing those around us. While we try steering "our ship" to a desirable destination, its direction is still governed by the unpredictable waves and winds of society. But the high calling is reserved for that praying servant eager to save the others in the midst of trouble. When we trust in the Lord, we're really not in charge, not in control, and in the same jeopardy as everyone else. What set this man apart were his fervent prayers while passing through the valley of the shadow of death. Then his saving faith overflowed to the others as a result. This describes the example set by Post 6964: In the day of shipwreck, you are the rescue.

Business Directory: Calling Cards

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Brigantine Times Classified Ad Form

Drop box submissions are considered non-time-sensitive.

$5 for up to 20 words
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Brigantine Garden Club

by Phyllis Glomb

Today the Brigantine Garden Club strives to keep Brigantine blooming.
How marvelous that many volunteers give freely of their time and energy.
A wonderful City of Brigantine supports our efforts.
Never forget all those who came before for almost fifty years of club service.
Kindness of businesses supporting our new signs is appreciated.
Seawall pots newly purchased enhanced the Promenade.
Giving back through volunteerism is an honorable goal.
I have made many cherished friends over the years.
Very beautiful leaves are available for the Memorial Tree located
In the library on the bottom floor.
Never stop doing what you do to make Brigantine a more beautiful place to live.
Give thanks for your blessings. Have a Happy Thanksgiving.

Send mail to 3605 Bayshore Ave.; call 609-266-7800 Ext. 29; email brigantinegardenclubnj@gmail.com; follow us on Facebook and on Brigantine Rocks NJ also on FB; check out the Memorial Tree in the library and purchase a leaf for $75; donations are always welcome and appreciated.

Chamber Chatter

(Continued from Page 26)

David Weiner — Back Office Admin

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Our 2027 Brigantine Chamber of Commerce Membership Drive continues, and now is a great time to join or renew! Chamber membership provides opportunities to increase business visibility, build relationships and support our local community.

Current members can take advantage of a discount by renewing now for 2027, while new members can join for 2027 and receive the remainder of 2026 at no additional cost. Visit BrigantineChamber.com for membership information.

As we enter the holiday shopping season, we encourage everyone to shop local, dine local and support the businesses that support Brigantine. Whether you're shopping for gifts, enjoying a meal or using local services, your support makes a difference and helps keep our business community strong.

As we celebrate Thanksgiving, the Brigantine Chamber of Commerce wishes everyone a wonderful holiday filled with family, friends and gratitude. We're thankful for the continued support of our members and our entire Brigantine community. Happy Thanksgiving!

Stay connected with the Brigantine Chamber of Commerce by following us on Facebook and Instagram and visiting BrigantineChamber.com for news, events and updates throughout the year.

Brigantine Times

POETRY CORNER

POETRY PROMPT:

Write a poem about gratitude and the things you are most thankful for

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Salt and Surf

By Kelly Leyman

Close your eyes and you will feel it at your heels. It's the salt and surf from the powerful ocean.

It's the sun and the warm breeze that helps you unwind and float through the salty ocean.

Are you the salt of the earth or the salt of the ocean? The salt of the ocean is curious, joyful and loving, embracing you with the ocean waves.

The surf sometimes rushes, sometimes calms and always invites you to dream, relax and smile.

Salt and Surf

By Frank Burbridge

Salt and surf, surf and salt,
Our island's beauty will never halt!
Beach or bay, bay or beach,
Brigantine's majesty is always within reach!
Enjoy and respect this island we love,
Which truly is a blessing from God above!
No matter the season, we try and measure,
The beauty we witness of our island treasure!

In Loving Memory Of Joseph L. Corrigan

Joseph L. Corrigan, 83, of Brigantine, formerly of Chester, Pa., passed away Thursday, Nov. 12, 2026, at his daughter's home in Upper Chichester, Pa. Joe was born in Philadelphia to the late James L. and Anna (St. Claire) Corrigan.

While living in Chester, Joe was a parishioner at St. Robert's Church, where he served as a lector and Eucharistic minister.

Joe originally was a manager in the trucking industry before moving to Brigantine in 1990, where he became the manager of the Clipper Ship Motel. He retired when the hotel was sold and converted into condominiums. In Brigantine, he was an active parishioner at St. Thomas Church. He served as a lector, Eucharistic minister and Sunday collection counter for many years. He also was a very active member of the Knights of Columbus Council 7020, located at St. Thomas Church. Joe also enjoyed working as a starter at the Brigantine Golf Links.

Joe was the beloved husband of the late Joyce (Kurz) Corrigan. He is survived by his children, Manon Moser (Michael), Joseph Corrigan (Amanda), Maureen Dunn (Nicholas) and Michael Corrigan. He is also survived by his grandchildren Michael Ryan, Bridget, Grace, Milana, Naylani, Joseph and Lea, his great-grandson Declan and his sister-in-law Dorothy Corrigan.

In addition to his parents and his wife, he is predeceased by his siblings and their spouses, James Corrigan (Eileen), Anne Therese Gill (Jerry), Claire White (Harry) and Thomas Corrigan.

Relatives and friends are invited to Joe's visitation Saturday, Nov. 21, 2026, from 9:30 to 10:50 a.m. at St. Thomas Church, 331 8th Street South, Brigantine. A memorial Mass will follow at 11 a.m. Interment will be private at the family's convenience.

The family kindly requests that in lieu of flowers, donations be made to the Alzheimer's Association at curealz.org/giving/donate.

Family services by Keates-Plum Funeral Home.



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Fr. Ed Namiotka, Pastor

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Saturday: 4pm
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Daily Mass: Monday-Saturday: 8:30am
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Thoughts Are Things

I LOVE WHAT I'M DOING

By Stephen T. Weeks

Self Help

Is The Best Help

WORK IS WORSHIP! One of my favorite Metaphysical memes, or sayings, is "Work Is Worship" – widely attributed to Mahatma Gandhi – a unique individual who led the peaceful rebellion against British rule in India, and won.

As with most revolutions, once independence came for Mother India, the Hindus & Muslims parted company (not so peacefully) and split off, forming Pakistan for the Muslims in Northwest India, leaving the majority of India for the Hindus & Sikhs, but displacing both Hindus & Muslims from both regions as refugees, forcing migration from Pakistan to India, and India to Pakistan in 1947.

In the Attitude Adjustment department, learning to accept, embrace & give thanks for whatever job, or occupation we find ourselves in, is key to opening the doors & windows of growth & opportunity, especially if we are interested in expanding our territory, and gravitating towards bigger & better things in the future.

When we are not enjoying our time spent, or shall we say invested, in the people, places & things in our present Life & Affairs, it's almost always our sour disposition that's causing us to suffer, and become bogged-down in the mundane details of our everyday Life. A lack of enthusiasm & pride in our work is often the reason we become "stuck" in an otherwise user-friendly environment.

FEELING IS, AS FEELING DOES! Believe it or not, simply reversing your fundamental attitude(s) & opinions about the people, places & things in your personal & professional Life, can & will change & improve your mental & emotional experience, very successfully.

If you really hate your job, start telling yourself you Love your job. Don't ever go back – just establish this idea in your mind, and work with it – until you begin to see some changes in your feeling for the work at hand. Eventually you will not only experience less mental & emotional suffering on site, but in time you will gravitate upwards & onwards from your present situation, into something new, and more enjoyable for the future.

If you suffer from lack & inconsistent income, begin to tell yourself – I have a substantial & dependable income, doing work that I enjoy, working with people I respect, in an atmosphere of creativity, prosperity, support & cordial communications, where I Am respected personally & professionally morning, afternoon & evening, with every Breath I take. AND So It Is!

THE CHICKEN, OR THE EGG! Generally speaking, we have been trained to believe that conditions on the outside need to improve exponentially, before our attitude, or mood improves based on external stimulus – thus we get stuck in a rut, as things on the outside remain pretty much the same, day after day, week after week – year after year – with little or no improvement to show for our consistent participation in our employer's business.

Here we are suggesting (and you can put this to the test) that changing our primary thoughts about any given situation, or condition we wish to change, or improve, will trigger a psychological & metaphysical adjustment in our material & commercial experience.

Because we become emotionally involved with our dissatisfaction & contempt for whatever injustice & malfeasance we feel we're experiencing at work, or in our personal Life, we become firmly attached to the negative energy (adrenaline) that our brain releases whenever we complain & gripe about our sad position in Life. Thus we might feel foolish doing a 180 on paper, as we begin to declare – I Love My Job, I Love My Boss(es), I Love & Respect My Coworkers – but it works.

SOMETHING NEW! Of course, if you try this approach to Mental & Emotional Exercise for one day, and give up the next, nothing will happen. But if you maintain your sincere efforts for a few weeks, you will begin to apply it to anything & everything you'd like to change & improve in your Life.

We are living in a very sensitive, creative & organic field of light energy (we are made of light energy), and we can establish our dominion over situations & conditions in this realm, simply by overcoming & overwhelming our negative thought patterns & habits, with strong, authentic & sincere Affirmative Thoughts – which, when planted in the soil of our Conscious & Subconscious Mind, reap untold benefits & improvements in our personal & professional Life. Remember, Nothing Ventured, Nothing Gained – and Go For It! (Next Week, More Thoughts)

AFFIRMATIONS! (Mental & Emotional Exercise) Today I Love What I'm Doing, I Love Who I Am, I Love Where I'm Going, And I Love Where I've Been. Today I Appreciate, Enjoy & Absolutely Love Everything & Everyone In My Life, Both Personally & Professionally, As I Feel & Enjoy My Life & My Being Growing, Expanding, Succeeding, And Improving Exponentially & Profoundly With Each Passing Day, Week, Month & Year Because I Am A Wonderful & Universal Being, Created & Sustained By The Same Celestial & Terrestrial Power, Force, Presence & Intelligence That Created & Sustains This Entire Cosmos. Today I Understand That This Is Who I Am, This Is My Absolute Reality, This Is My Identity, And Just As This Universe, And This Cosmos Is Expanding, So I Am Growing & Expanding, As My Unique Life & Experience Unfolds In Perfect Dignity, Peace & Prosperity, Right Here & Right Now, Forever & A Day. ALL Is Well!

Today I Leave Behind The Sad Sack Moaning & Groaning I Have Become Used To, As I Purposefully & Specifically Change My Habits & Quality Of Thought & Reflection From Negative To Positive, As An Exercise In Affirmative Thinking. Today I Simply Say To Myself, All Is Well, With Me & Mine, As I Am Filled With Enthusiasm For Myself, My Life, My Work, And All Of The People, Places & Things In My Life. Today I Love What I'm Doing, I Love Who I Am, I Love Where I'm Going, And I Love Where I've Been. Today I Understand Fully, Freely & Completely That In Order To Change & Improve The Situations & Conditions Of My Life, In My Life, I Have To Change My Fundamental Thoughts, Words, Deeds & Actions From The Inside Out. Today I Turn The Tables On Myself, And Declare With Power & Authority That I Am The Man, Or The Woman I'd Like To Be, With A Wonderful Job, Or Career, A Wonderful, Successful Attitude & Experience, Living With & Working With Wonderful People, In Every Way, Shape, Form & Function Possible For A Human Being. AND So It Is!

stpweeks@gmail.com



Elks prepare for the meal deliveries for veterans unable to pick up meals on November 10, 2026.



Guests enjoy their time while stopping at the various vendors around at the Holiday Craft Market that took place at the VFW on Saturday, November 14, 2026. (Photo by Vincent DiDomenico).



Crazy Gma's Pottery sells handmade ceramics at the Holiday Craft Market that took place last weekend. (Photo by Vincent DiDomenico).

Health Tips

(Continued from Page 27)

Japanese adults ages 60 to 79. The people in the study ate either onion powder rich in quercetin or onion powder without quercetin. The group getting quercetin did better on a test that measures memory, attention and language. The quercetin group also had fewer signs of depression and better motivation. Their household partners also reported less stress from the participants' symptoms. Not every result improved, but several important brain and mood measures did. The amount of quercetin used each day was only 50 milligrams, about the amount in half a medium onion. That is a normal amount to get from food. That is why whole foods are a smart place to start. Supplements can provide more quercetin and may work well with vitamin C, but regularly eating foods rich in quercetin is a simple and proven way to support health as you age.

Liposomal Vitamin C Is the Best Form to Take

I often tell my patients that what you take matters, but what your body actually absorbs matters even more. That's where liposomal vitamin C stands out. Regular vitamin C is water-soluble, and when you take larger doses, your gut can only absorb so much before the rest simply passes through. Liposomal vitamin C is wrapped in tiny bubbles made of phospholipids, the same fatty material that makes up your cell membranes. This protective coating helps the vitamin travel through your digestive tract and into your bloodstream more efficiently, and research suggests it can raise blood levels higher than standard vitamin C at the same dose. Better absorption also means fewer of those uncomfortable side effects. Anyone who has taken a big dose of regular vitamin C knows the stomach cramps, bloating or loose stools that can follow. Because more of the liposomal form gets absorbed, it tends to be much gentler on the digestive system.

Once it's in your system, vitamin C goes to work in some important ways. It's one of your body's key immune nutrients, helping your white blood cells do their job when you're fighting off a seasonal bug. It's also a powerful antioxidant

(Continued on Page 38)



Elks served dinners to 75 homeless veterans at Veterans Haven South. Pictured in the back row, 2nd from the left is Tory Hill, Superintendent of the facility.



Guests experiencing homelessness gather for the dinners served by the Elks Veterans Service Committee on November 10.



Dr. Zimmerman's Health Tips

(Continued from Page 37)

that neutralizes free radicals, the unstable molecules that build up from stress, intense exercise and everyday living and contribute to inflammation and cell damage. For my patients who stay active, whether that means training at the gym or chasing toddlers around the house, one benefit deserves special attention. Your body needs vitamin C to make collagen, the protein that gives structure to your skin, tendons, ligaments and the discs between your vertebrae. Healthy connective tissue supports the work we do with spinal adjustments and helps your body recover. A quality liposomal vitamin C can be a simple, effective way to support your whole body from the inside out.

Your Nerves, Your Spine and Your Immune System

I like to tell my patients that the nervous system is the master control center of the body, and the immune system is no exception. Your brain sends and receives signals through the spinal cord and the nerves that branch out from it, helping coordinate how your body responds to stress and illness. When the joints of the spine become stuck or misaligned (a condition chiropractors call a vertebral subluxation), many chiropractors believe it can create interference along those pathways, a bit like static on a phone line. Gentle, personalized adjustments aim to restore proper spinal alignment and ease that interference, so the brain and body can communicate more clearly. Research on a direct link between adjustments and immunity is still limited, but many of my patients tell me they sleep better, feel less tense and handle daily stress more easily after regular care. Those benefits matter, because chronic stress and poor sleep are known to wear down the body's natural defenses. Chiropractic is not a replacement for good nutrition, exercise and getting plenty of rest. Think of it as a safe, drug-free part of a holistic wellness routine that helps your whole family feel and function their best.



CER Director Jim Mogan presented Fran's family with a commemorative plaque to honor her dedication and commitment. Fran's children, Cynthia, Sandy, and Robert, accepted the plaque in her honor and spoke on the legacy Fran left.



Barbara Wiener went to Garmisch, Germany, for the VFW/AUX Eastern Conference. Also visited Zugspitze mountain in Bavaria, stayed at Edelweiss in Germany, visited an Abby and vineyard in Italy, Ludolph Castle in Germany, and walked around Salzburg, Austria.

Happy Thanksgiving to all from your Primal Staff!

All new candle scents, room sprays and reed diffusers!

PRIMAL SURF

A Very Surfy Boutique

Both stores are packed for all of your holiday shopping!

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Primal Surf (OG Location) – 3106 Revere Blvd 10am – 4pm Closed Wednesday

Primal on the Avenue – 1219 W. Brigantine Avenue Friday – Monday 10am – 3pm

In Loving Memory Of Joseph M. Horan

Joseph M. Horan, 87, of Brigantine, NJ, went home to be with the Lord on Wednesday, Nov. 11, 2026, surrounded by his loving family. Born in Philadelphia, Pa., he was the loving son of the late John and Irene (Casey) Horan and the devoted husband of Sylvia (Cislo) Horan.

Joe was a graduate of Audubon High School in Audubon, NJ, and a graduate of Rutgers University with a degree in business. Joe was a marketing executive for AT&T and Verizon for over four decades until his retirement. Joe was very handy and had a lifelong passion for do-it-yourself home improvement projects. He was a huge supporter of the Philadelphia Phillies and Eagles and was a member of the Brigantine Elks. Most recently, he enjoyed being landlord to a colony of nesting purple martins who returned to take residence at the end of his dock each spring.

Joe will be missed and fondly remembered by his wife, Sylvia Horan; sons, Joe Horan and Ray Horan; and grandchildren, Brooke and Jack Horan.

Services will be private at the convenience of the family. In lieu of flowers, donations may be made to the Wounded Warriors Project at woundedwarriorproject.org. To leave condolences or share a special memory with the family, please go to keatesofsouthjersey.com. Arrangements entrusted to Keates Plum Funeral Home, 609-266-3481.

National Day of...

Friday, November 20
National Absurdity Day
National Peanut Butter Fudge Day

Saturday, November 21
National Gingerbread Cookie Day
National Stuffing Day

Sunday, November 22
National Cranberry Relish Day
Go For a Ride Day

Monday, November 23
National Espresso Day
National Cashew Day

Tuesday, November 24
National Sardines Day
Celebrate Your Unique Talent Day

Wednesday, November 25
National Parfait Day
National Play Day with Dad

Thursday, November 26
Thanksgiving Day
National Cake Day





Serving Brigantine for over 20 years



Joke of the Week

What made the cranberries so red?

They saw the turkey dressing.

ATLANTIC SHORE
KELLERWILLIAMS
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Brigantine, NJ 08203

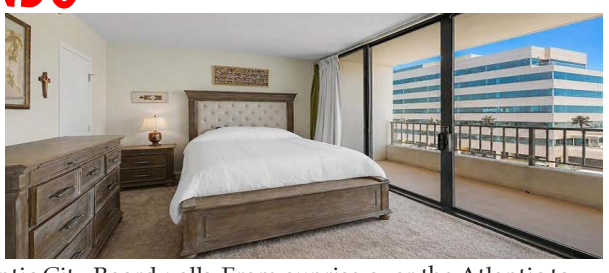


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HAPPY THANKSGIVING FROM OUR HOME TO YOURS

STUNNING OCEAN VIEW AC CONDO





Experience the ultimate oceanfront lifestyle at The Enclave, ideally situated directly on the beach and iconic Atlantic City Boardwalk. From sunrise over the Atlantic to sparkling city lights and colorful sunsets over the bay, this exceptional 14th floor corner end unit offers a view fromvirtually every room and the opportunity to enjoy the beauty of the shore from morning to night. This spacious **2 bedroom, 2 bath** condo features an open floor plan designed to maximize the spectacular surroundings.

$399,000 Call Colleen Bell 609-204-2935

OPEN HOUSE

Saturday10am-12pm 4901 Harbor Beach Blvd #T13





Located in Brigantine's sought after South End, this beautifully updated first-floor condo at Dolphin Cove offers an inviting coastal retreat forsummer vacations, weekend escapes, or year round enjoyment. One of the community's largest **one bedroom** models, this 720 square foot residence features a spacious bedroom, **one full bath**, and easy ground level access overlooking lush, beautifully maintained grounds. Move inready, the home offers a newer kitchen with stainless steel appliances, updated flooring, dryer and a newer bedroom AC unit.

$245,000 Call Colleen Bell 609-204-2935

BAYFRONT WITH BOATSLIP






This exceptional residence offers a true luxury waterfront lifestyle where every day feels like a retreat. Designed for both relaxation and entertaining, the home features three bedroom suites, each with a private bath and its own deck access, creating serene personal escapes for family and guests. One suite is currently custom designed as a sophisticated waterfront office, ideal for those who appreciate working with inspiring bay views.
Home features **3 bedrooms, 3.5 bathrooms**, and a private boat slip!

$1,199,000 Call Colleen Bell 609-204-2935

WILDWOOD CONDO COTTAGE

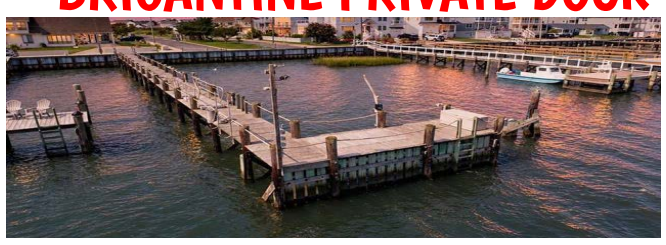
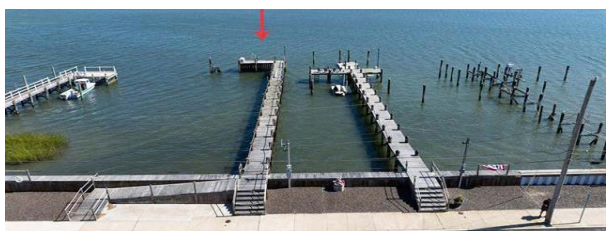




Experience the best of Wildwood living in this charming **2 bedroom, 1 bath** condo cottage with a versatile loft, ideally located just 2.5 blocks fromthe beach and world famous boardwalk. Leave the car behind and enjoy the convenience of being within easy walking distance to the shoreline,restaurants, shops, ice cream parlors, and all the excitement and entertainment that make Wildwood one of the Jersey Shore's most beloved destinations.

$379,900 Call Colleen Bell 609-204-2935

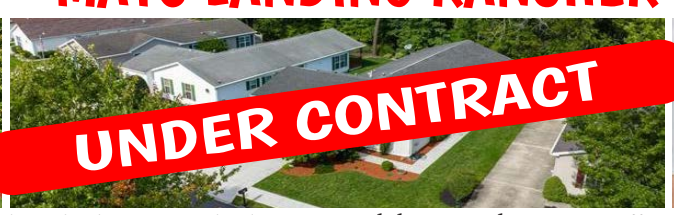
BRIGANTINE PRIVATE DOCK

RARE BRIGANTINE WATERFRONT OPPORTUNITY! Own your own PRIVATE DOCK and experience the ultimate coastal lifestyle without the expense of owning a waterfront home. Opportunities like this are increasingly hard to find in one of the Jersey Shore's most desirable island communities. Ideally positioned along Brigantine's scenic back bays with convenient access to the Intracoastal Waterway and the open Atlantic, this private waterfront retreat puts the best of island living at your fingertips.

$299,000 Call Colleen Bell 609-204-2935

MAYS LANDING RANCHER



Located in The Fairways at Mays Landing, this **three bedroom two bathroom** ranch home with a garage offers inviting spaces to relax, entertain,and enjoy the 55+ community lifestyle. Vaulted ceilings, beautiful hardwood floors, and abundant natural light complement the freshly paintedinterior. The open floor plan connects the kitchen and dining area to an all season sunroom, making it easy to gather with friends or find a sunnyspot for a quiet afternoon.
The primary suite features a spacious private bathroom with a jetted tub and separate shower.

$219,900 Call Colleen Bell 609-204-2935

Coming soon... Largest 2 Bedroom Raman Unit with beautiful ocean views!